

The Homepage

Serving the communities of
Greenfield • Hazelwood • Lincoln Place • Hays • New Homestead



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Pittsburgh, PA 15207

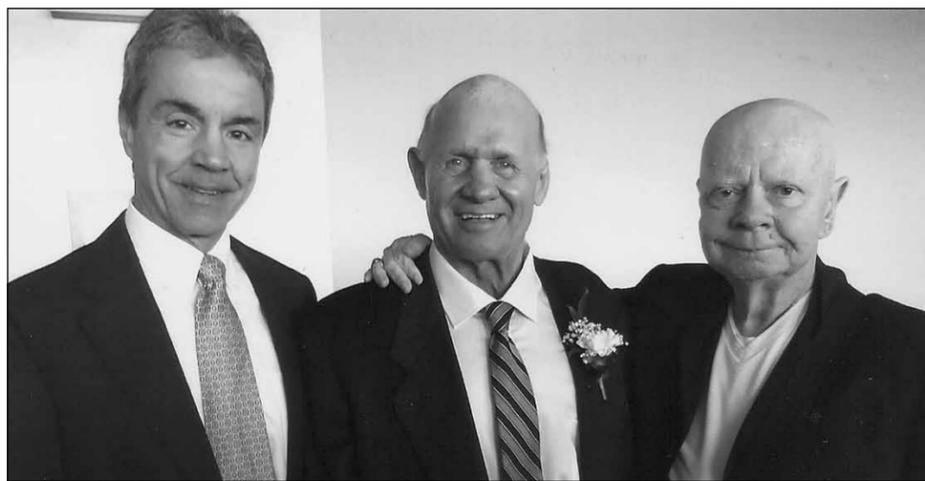
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April-May 2015

Dave “Rooster” Fleming Honored For Playing And Coaching Football



Dave Fleming of West Mifflin is flanked by one of his former players, Francis Joseph “Monk” Bonasorte of Hazelwood, now the associate athletic director at Florida State University, and his life-long friend, former law enforcement officer Jack Munsie. *Photo by Jim O’Brien*

By Jim O’Brien

Dave “Rooster” Fleming finally can flex his muscles about his outstanding career as a coach and player in minor league football in Pittsburgh, and for his ten seasons as an outstanding defensive back for the Hamilton Tiger-Cats in the Canadian Football League.

He has several plaques to prove he had quite a career.

Fleming, at age 72, required a cane to get around on the fourth floor of the Heinz History Center this past Saturday at induction ceremonies for the Minor Pro Football Hall of Fame. It coincided with the opening of a new display about World War II at

the museum in The Strip District, and when he climbed the stairs to the stage he walked as ram-rod straight as the old soldiers on the sidewalk outside on Smallman Street. There were old jeeps and even tanks lined up along the street.

Fleming felt they overdid it as far as providing security at an event where there were guys from Hazelwood and McKees Rocks in the same room.

Old soldiers and old football players can still puff up their chests and wear their medals and honors with great pride.

Fleming, a boyhood friend of mine from our early days in Glenwood and Hazelwood, and a long-time resident of West

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Youth Dek Hockey League To Be Organized in Hazelwood



The Pittsburgh Penguins installed a dek hockey rink at Lewis Playground on Irvine Street in Hazelwood. The rink is currently being run by the YMCA and we are hoping to develop a league, and to bring all of the surrounding communities (Hazelwood, Greenfield, Lincoln Place, Hays & New Homestead) together to provide good fun and instruction to all involved.

The league will consist of multiple teams ranging from ages 7-15, with both boys and

girls welcome. Parental involvement is critical in the success of this league, including coaching and refereeing.

Please contact Monique Wingfield at 412-773-7317, email mwingfield@ymcapgh.org, or Leah Hardaway, lhardaway@ymcapgh.org should you or your child be interested in joining. More details will follow once we have an idea of how much interest there is in the league.

DeWayne Murray Appointed HI Planning Committee Chairman

We are pleased to announce the appointment of DeWayne Murray as Chairperson of the Hazelwood Initiative Planning Committee.

DeWayne is the son of Howard and Mary Louise Murray who migrated to Hazelwood in 1948. He is the sixth of ten children. His father worked for Jones & Laughlin Steel and his mom worked for H. J. Heinz and later for the Pittsburgh Board of Education.

DeWayne attended Burgwin Elementary School for seven years. He started to play the cello in 7th grade while attending Gladstone High School and continued while attending Taylor Allerdice High School.

While at Gladstone High School he played football, basketball and soccer. In the ninth grade a counselor realized DeWayne had potential and asked his parents to consider sending him to a school that would challenge him. They determined Taylor Allerdice was such a school. He attended for three years and graduated with High Honors.

DeWayne attended a career day in high school, where he met a representative of Duquesne Light Company who recruited him for employment after graduation because of his grades in electronics. He was hired at the age of 17 by Duquesne Light Company but could not start work until he turned 18.

DeWayne worked in the Transmission and Distribution Department for five years. Duquesne Light was in need of nuclear physicists to operate the new Three Mile Island Nuclear Power Plant. DeWayne attended a training program and was awarded a certificate of Nuclear Physicist in Power Plant Operations. He declined the position due to his concerns about the safety of nuclear technology. During his employment at Duquesne Light, DeWayne attended technical school and received his City of Pittsburgh Electrical Registration License.

At the age of 20 he married Millie Lee Shorter, the daughter of Nathaniel and Winnie P. Shorter who migrated to Hazelwood from the state of Mississippi in 1956. They had four children, 3 boys and a girl.

At the young age of 23 DeWayne realized a need for affordable housing in the community. He purchased a three story apartment building on Second Avenue formerly known as Joseph A Stephens Beer Distributor, a duplex on Sylvan Avenue and a single family residence on Monongahela Street. He renovated the properties and rented them to Section 8 tenants and other Hazelwood residents. Any day of the week, DeWayne could be seen painting or repairing one of his properties. He used to fondly be referred to as the “Baron of Hazelwood.” He also did electrical work for residents



of Hazelwood, sometimes solving problems after unsuccessful attempts of other electrical contractors who were not familiar with the Carter System of electrical wiring.

Later he went on to IBEW Local Union 5 where he completed a four year apprenticeship program at Community College of Allegheny County. After completion, DeWayne received a Journeyman Wireman Certificate. During his employment at Local 5, DeWayne participated in the construction of the South Hills Junction Light Rail Transit system for Port Authority.

After its completion he was hired as a supervisor in its Rail and Maintenance Department. DeWayne held various supervisory positions and ultimately retired as Assistant Manager of Facilities Systems (PAAC).

DeWayne volunteered at John Minadeo (1998-2004) performing such duties as fundraising, lunch guard, playground guard, chaperoned field trips and decorated for holiday events. After his youngest son graduated Minadeo, DeWayne later went onto volunteer at Taylor Allerdice (2008-2011). There he performed such duties as chaperoned field trips, teacher’s assistant, hall monitor and facilitated meetings for student conflict resolution.

DeWayne was elected as Vice President of the Greater Hazelwood Development Initiative in or around 2003. Shortly after, being elected as vice president, DeWayne resigned to become the caretaker for his family and wife Millie of 30 years who later passed away in March, 2006.

In 2008 he volunteered for Youth Places as Head Coach of the youth football team. They went on to win a championship.

DeWayne is excited to once again serve the community of Hazelwood. He wants to participate in guiding future developments in the community in a direction that would be consistent with the wants and needs of the residents. He hopes to restore Hazelwood to the sustainable and viable community it was during his childhood years.

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The Homepage

HAZELWOOD • GREENFIELD • 31st WARD

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The Homepage encourages all residents of Greenfield, Greater Hazelwood, Hays, New Homestead, and Lincoln Place along with those who have an interest in those communities to express their opinions on local, regional, state, and national issues.

The Homepage reserves the right to decide what content is appropriate for publication and may edit submissions for length or form. The opinions expressed, whether by paid advertisement or editorial content do not necessarily reflect the views of this newspaper, not those of the Hazelwood Initiative, Inc., the Greenfield Community Association, nor the 31st Ward Democratic Club.

Email your letters to hazelwoodeditor@yahoo.com.



Our Mission Statement

The mission of Hazelwood Initiative, as a community-based community development corporation, is to be neighborhood-driven, providing a shared stronger voice for Greater Hazelwood, by gathering community input to build a sense of hope, harmony and promise, and by supporting human, spiritual and community development.

Raised Wages = Free Advertising

By Corey O'Connor
City Council, District 5

As an increase in the minimum wage continues to be a subject of debate at both the federal and state levels, I have proposed legislation to provide an incentive opportunity for local small businesses to receive citywide promotion if they raise the wages of full-time employees to a minimum of \$10.10 per hour from the current minimum of \$7.25 per hour.

The city's Finance Department will administer the program and make it available to businesses with 15 to 250 employees. Businesses that have fewer than 15 employees will be able to apply for special consideration. In cases where workers are tipped, an employee's hourly wage would be proportionally raised to \$3.93 per hour.

Lamar Advertising has the rights to half of the advertising space on about 200 city bus shelters, with the associated revenue going to the city's Shade Tree Commission. The other half of the space is currently unused. Depending on demand, other venues could be added. We are able to offer



this incentive because of the City of Pittsburgh's Market Based Revenue Opportunity Program (MBRO) that affords marketing opportunities on city-owned assets at no cost.

Since the legislation was introduced, we have received an overwhelming positive response from business owners who are interested in taking advantage of this program. Congressman Mike Doyle, County Executive Rich Fitzgerald, and Mayor Bill Peduto have also expressed their support.

"The federal minimum wage hasn't been increased in years, so minimum wage workers across the

country have lost some essential purchasing power. I've been working in Congress to increase the federal minimum wage to \$10.10 an hour, but until that effort's successful, this is an innovative way to give some hard-working low-paid Pittsburghers some additional much-needed purchasing power," said Congressman Mike Doyle (D-Pa).

Sam Williamson, Western PA Area Leader of 32BJ SEIU (Service Employees International Union) talked about the program from the employees' perspective. He said, "This is a step in the right direction for real, progressive, and robust public policies that positively impact working people across the City, brings respect and dignity to jobs, and helps improve our communities."

I'm excited about this legislation because we can help both wage earners and small businesses to thrive without expending funds that would adversely affect the overall budget. It's a win-win for everybody. And Pittsburgh just might be a national trend-setter in implementing this innovative program!

Plant Nursery Coming To 2nd Avenue Just In Time For Spring!

An interview with Elaine Price, owner of the new Floriated Interpretation Nursery

Q: What gave you the idea to start Floriated Interpretation Nursery?

A: One day in 2011 after experiencing several lay-offs, I was sitting in a restaurant with a friend, wondering why a lady was standing around holding a bucket. When a space opened up she moved over to the plants and began to care for them. I asked if she worked for the restaurant. She shared with me that she owned her own plant business and couldn't stop talking about how much she loved it... My first thought was "So would I!!!", and that evening Floriated Interpretation was born.

Q: What gave you the idea to put a nursery in Hazelwood?

A: I have lived in this community for over 20 years and during that time I have seen things come and go, but most of all I see its potential. I can remember as a child, living in public housing, working with a neighbor planting flowers under our windows, and the pride and feeling of ownership I got for that little space. Since that summer, I have always enjoyed plants in my home and having a flower garden in the summer, no matter where I lived. Now I look back and see what an impacted that one event has had on my life. I want to give that to others. I am hoping that having a nursery in the Hazelwood Community will ig-

nite growth and renewal all over Hazelwood. Then when people drive through, heck; when you or I; drive through, the visual expression of our pride for our community will blossom.

Q: How do you envision your business helping our community grow?

A: I envision the nursery being a new part of the Hazelwood Community. A place where people can come and allow plants to be apart of their lives. A place where people will come to be apart of what's growing and changing. A place to find a new way of expressing their style. We're designing the nursery for everyone. We will have a selection of plants for people that say "I can't grow anything" up to the expert gardening pros. We are going to offer new ideas for porch and patio designs, "Do it yourself" or "Pick-it-out". I'm also excited about having the opportunity to provide a venue for local artist to display their goods. We are going to be collaborating with other community organization to sponsor events, which will include live music, spoken word and youth-focused educational events.

Q: How will this nursery benefit Hazelwood and Pittsburgh?

A: Plants are a benefit to life! I truly believe this nursery is just the beginning of Hazelwood's revitalization. The appearance of the

living space around us makes a big difference in how we feel about that space. Planting and watching a garden grow can give people a new appreciation for change. This is the benefit I want Floriated to bring to Hazelwood, in addition to creating jobs, and providing training opportunities. Most of all I want it to be a place that provides tools for my neighbors to express their pride. Floriated will be a local community resource that provides supplies that are not readily available to the urban gardener. We will even be caring poultry supplies to those that have live chickens! We are excited and looking forward to the undertaking of finding specialty items for our customers.



COUNCILMAN
Corey O'Connor

Invites you to share your concerns about your neighborhood.

Call 412-255-8965.

Your comments are always welcome.

Visit the website:
<http://www.pittsburghpa.gov/district5>



Find us on:
facebook®

JUNE DEADLINE

May 10, 2015

Local Churches

St. Stephen Parish

5115 Second Avenue
Rev. Simon Lobon, C.S.Sp.
412-421-9210

Church of the Good Shepherd Episcopal

2nd & Johnston Avenues
Rev. Huett Fleming
412-421-8497

Keystone Church of Hazelwood

161 Hazelwood Avenue
Rev. Tim Smith
412-521-3468

First Hungarian Reformed Church of Pittsburgh

221 Johnston Avenue
Rev. Ilona Komjathy
412-421-0279

St. Paul's Lutheran Church

5319 Second Avenue
Rev. Brian Evans
412-521-0844

Hazelwood Christian Church

118 Glen Caladh Street
412-421-9908

Morningstar Baptist Church

5524 Second Avenue
Rev. Malachi Smith
412-421-6269

St. John The Evangelist Baptist

4537 Chatsworth Avenue
Rev. Alvin Coon
412-521-0994

Greater Pittsburgh Fountain of Life

247 Johnston Avenue
Bishop Gerald Loyd
412-422-8794

Oasis Ministries, Inc.

4944 Second Avenue
Elder Ray Lankford
412-422-2588

St. John Chrysostom Byzantine Rite Church

506 Saline Street
412-421-0243

St. Rosalia's Catholic Church

411 Greenfield Avenue
Rev. Joseph Reschick
412-421-5766

Squirrel Hill Christian Church

290 Bigelow Street
412-521-2447

Holy Angels Parish

408 Baldwin Road
Rev. Robert J. Ahlin
412-461-6906

Warriors of Holiness in Power (W.H.I.P. Ministries)

1174 Mifflin Road
Pittsburgh, PA 15207
412-461-5572
Pastor James and
Apostle Denise Samuel
www.whipministries.com

Praise Temple Church

5400 Glenwood Avenue
Dennis & Katherine Currie,
Pastors
412-422-2777

Mary S. Brown – Ames United Methodist Church

3424 Beechwood Blvd.
Pittsburgh, PA 15217
412-421-4331

Greenfield Presbyterian Church

3929 Coleman Street
412-521-4226

What's Up?

Community Notices for Greenfield, Hays, Hazelwood, New Homestead and Lincoln Place

Greenfield Presbyterian Church

3929 Coleman St. • 412-521-4226

Jennifer Frayer-Griggs, Pastor
greenfieldpc@gmail.com
www.greenfieldpresbyterian.org

Sunday Service: 11 AM
Children's worship and education during service.

NEW SUNDAY SCHEDULE

4:30 PM Food and Fellowship
Worship Service

Pastor's Hours:

Tuesday 7-8 PM at Church
Thursday 7-8:30 PM at Hough's
Community Coffee House
Monday 6-9 PM

Hazelwood Christian Church

Committed to God's Word in Christ, and God's Word in Scripture

118 Glen Caladh Street
412-421-9908

Service Schedule

Sunday School - 9:00 AM
Worship - 10:00 AM
Wednesday Night Bible Study
7:00 PM

Visit our Website:

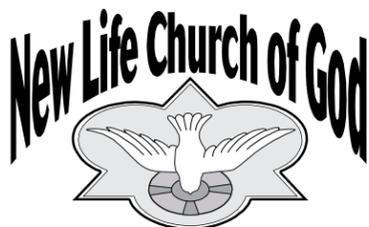
www.hccpittsburgh.com

Mary S. Brown–Ames United Methodist Church

3424 Beechwood Boulevard
Jeffrey Lukacs, Pastor

"The church with the bright red fence"

Sunday Service 10:30 AM
Bible Study every Tuesday: 7:30 PM



Bringing new life to all walks of life

1120 Greenfield Avenue
Pittsburgh, PA 15217
(412) 421-7101 Office

Pastor Mark K. Richardson
E-mail: newlifechurchofgod@verizon.net
Web: www.nlccogpgh.com

WEEKLY SCHEDULE

EPICS Classes Sunday, 9:00 AM-10:00 AM
Sunday Service Sunday, 10:30 AM
Noonday
Prayer Meeting Wednesday, 12:00-1:00 PM
Celebrate Recovery Friday, 7:00 PM

For New Believers and those who want a tune-up:



Next Step Discipleship

"Giving Direction To New Believers"
www.nextstepdiscipleship.org

Text: NEXT To: 96362

Hazelwood YMCA Programs:

After School Care - with extended hours. For more information, please contact Kirsten Raglin at (412) 773-7314.

SilverSneakers Program - A low intensity exercise program designed for senior citizens. The program is year round Wednesdays at 11:00 AM and Fridays at 10:00 AM. The instructor is Kristin Ward. For more information, call Kirsten Raglin at (412) 773-7314.

Congregate Feeding - Everyday, 12-12:30 PM except holidays and weekends.

Food Bank - The Food Pantry is a need-based program for low-income families. The third Thursday of every month from 10:00 AM - 12:00 PM. Located at the Hazelwood YMCA, 4713 Chatsworth Ave. Please bring proof of income, address and ID.

Building Bridges Campaign - Scholarships available We accept all government subsidies. For information, contact the YMCA at 412.773-7314.

The BTOP Computer Lab - Located onsite at the Hazelwood YMCA is open to the public Monday, Tuesday, Thursday and Fridays from noon- 3 PM. Adults can come and job search, fill out resumes, learn basic computer skills and complete online job applications, as well as access benefit bank to learn of resources and government programs they may qualify for. Onsite help is available. For more information, contact Su Meyers at 412-421-5648.

The Propel Hazelwood YMCA Resource Center - Located on the lower level of the Propel Hazelwood School. Learn about resources in Greater Hazelwood, from childcare, afterschool, and all daycare services. Free tax preparation program, utility assistance, food bank, computer access, as well as educational workshops for parents and guardians. The hours of operation are Tuesday, Thursday and Fridays from 9:00 AM to 5:00 PM. The purpose of the space is to provide accessibility to community members and parents.

"Just For Today" Nar-Anon Meeting

For family and friends whose loved ones suffer from Drug Addiction. Wednesdays at 7:00 PM, First Hungarian Reformed Church, Calvin Hall. Contact Cindy 412-421-7076.

Because He Loves Me Kingdom Adult/Youth Community Bible Study

May 29, 2015 • 6:30 PM

"Come Out, Come Out, From Wherever You Are"

Prophetess Dora Powell
4708 Sylvan Avenue
Hazelwood, PA 15207
412-586-7165

WHERE JESUS IS LORD!
GOD BLESS YOU

Let Us Know What's Up!

The Homepage
5344 Second Ave.
Pittsburgh, PA 15207
hazelwoodeditor@yahoo.com

St. Stephen Parish

Parish Office Hours

9:00 AM to 2:00 PM
Monday thru Thursday
Closed Friday
Phone: (412) 421-9210

Religious Education Office

Sunday ONLY
Phone: (412) 421-4748

Weekday Masses

7:30 AM - Monday, Tuesday, Thursday, and Friday
Noon - Wednesday
8:00 AM & 4:00 PM - Saturday

Sunday Masses

8:00 AM and 11:00 AM

Confession

3:45 PM Saturday (before 4 PM Mass)

Oasis Ministries

Activities and Worship Schedule

Tuesday - Prayer: 7:00 to 8:00 PM
Wednesday - Fine Arts: 7:00 to 9:00 PM
Thursday - Bible Study: 7:00 to 8:00 PM

All above held at

Oasis Ministries, 4944 2nd Avenue

Sunday Morning Worship

11:00 AM at the Hazelwood YMCA,
4713 Chatsworth Street

Call 412-422-2588 for more information
Pastors Ray & Kim Lankford

St. John the Evangelist Baptist Church

4537 Chatsworth Avenue
Reverend Alvin Coon, Pastor



The Church of the Good Shepherd

Second & Johnston Avenues

Principal Service Sundays 10:00 AM

Children's Sunday School
10:00 AM
Healing Service-Monthly
Bible Study-Weekly

A church of the Anglican Communion

What About Food: The Summer Marketplace

By Dianne Shenk

Dylamato's Market is expanding into the Hazelwood Summer Marketplace!

We wanted more vendors last summer, but logistics and reality got the better of us. This winter, we've been meeting and talking and planning and hoping, but now we know we can do the things that will make this a reality.

What made the difference? Funding! In early March we put together a budget for the improvements we need and shared it with leadership at Hazelwood Initiative and with Councilman Corey O'Connor. Within a few days, word came back that a city grant and a private foundation grant plus a Love Your Block grant were all being awarded to our Summer Marketplace project. Wow! That was great news!

So what will we do with the funding? Our dream is to have a variety of food available this summer, from vendors with baked goods and coffee to Philadelphia Water Ice (similar to Italian Ice but smoother) to hot

lunch options and take-home dinner treats.

All outdoor food sales require a roof of some sort, so we're spending some of our grant money to build at least two 12' by 12' shelters for vendors. My builder from last summer, Joni James of Kaleidoscope Enterprises, is up to the job with a 'temporary' construction design that is largely bolted together, making deconstruction at the end of the season and over-winter storage fairly simple. The shelters will set on the ground and don't require footers or digging into the soil.

Feedback from interested vendors showed that an electrical connection would make water ice and hot coffee possible, plus make it much easier for lunch vendors to keep their foods hot in electric chafing dishes or crock pots. Accordingly, we're using some funds to hire a registered electrician (@ Yur Service, LLC, based in Greenfield) to set up a connection so vendors can plug in, make great food, and meet food safety requirements.

We applied to the URA for permission

to use the entire vacant lot on Second Avenue and they were very supportive of our expansion plan. City zoning did not require another hearing to expand our site (whew!), although building inspection said we need to meet handicapped accessible requirements, including providing a handicapped accessible portajohn for the season.

A good look at the site revealed a tripping hazard in the shape of a long concrete strip sticking out of the ground along the sidewalk, so removal of this strip and putting in fill to even the ground got included in our budget. Some of our funds will go to Hazelwood-based Minniefield Construction to take on this work.

Making our Summer Marketplace a social space was the brainchild of HI's new Director of Community Engagement, Tera McIntosh. With her help, an application was made to the Love Your Block grant program for funds to make picnic tables and benches, purchase rubberized flooring to even the ground and make access easier, and hopefully a wall mural for one of the

neighboring buildings. This project included a volunteer work day held on Saturday, April 25, when potential vendors and others who appreciate the Summer Marketplace came out to help build the benches, tidy the whole area, lay down the flooring and maybe get some paint on a wall.

Thanks to the generosity of our donors, the Hazelwood Summer Marketplace will be up and running the first weekend in May, and will run through the growing season until the end of October. If you are interested in being a vendor, the requirement is to be a registered business, carry insurance, and have whatever permits necessary to sell your product to the general public. Our rents are very reasonable and include access to shelter and inclusion in our marketing efforts, plus the opportunity to be part of a great group of vendors! Come be a part of it and meet our great customers from Hazelwood, Greenfield, Homestead, Hays, Lincolnplace, Munnhall, West Mifflin and locations all around the East End and greater Pittsburgh.

The Green Way: Let's Get Growing/Rainbow Earth

By Jim McCue

Let's get growing!

The word "crisis" - meaning both danger and opportunity - very well describes this moment of Earth's history. Emerging now is the outlines of a wonderful new age, with technological development and harmonious relations between people all over the world. But before that can come we have humanity's biggest emergency yet. Abrupt climate change, ocean acidification, overfishing, industrial pollution, toxics in food, new types of weapons, environmental feedback effects, overpopulation, wars over resources...no words are too small for the degree of danger we're all in.

Or the beauty of what's possible. If we as a species don't crash and burn we're going to establish an Earth civilization so unfathomably gorgeous we'll forget all the struggle it took to get us there. We have right here in our trembling hands the capacity to solve all of our problems. All we have to do is stop fighting and work together.

Here in Hazelwood we stand on the threshold of some very positive developments. We can benefit both the beauty of our neighborhood and our community nu-

tritional status by making a significant dent in the amount of biodegradable waste that goes to the landfill. At the neighborhood level, plain (non-colored) newspaper, cardboard and paper bag can be immediately - simply and safely - returned to the soil in our gardens and other growing areas. In the meantime, there is a possibility that we can get going projects in which a larger variety of organic wastes are recycled - via enclosed systems of various sizes, designs, and technology levels. The key component of a really successful urban gardening and farming movement is production of soils. Without being able to greatly increase the variety and quantity of organics recycling, we will not have sufficient good soil to service a thriving community greening effort.

Picture 50 new gardens in Hazelwood. Where would you put them?

In some ways our society has been stagnating for a hundred years. Technologically, many of our best ideas have been suppressed by the fear of change of those comfortably in the ranks of the status quo. Our addiction to fossil fuels and nuclear power are a direct result of the stifling of progress by those who would stand to lose financially from alternative ways of providing ourselves with energy and feeding ourselves. Solutions are everywhere - except in some centers of power, where corporate lobbyists have been keeping them at bay.

The one good thing about this world crisis is that it involves absolutely everyone. There is no Planet B. No one gets to run from this intertwined complex of problems.

Here are some helpful websites to get us back on track to sane agriculture and organics waste management:

- <http://www.kidsgardening.org/>
- <http://edibleschoolyard.org/>
- <http://pittsburghpermaculture.org/>
- <http://www.cityfarmer.info/>
- <http://foodsecurity.org/>

- <http://rodaleinstitute.org/>
- <https://www.facebook.com/ufarm>
- <http://www.earth-policy.org/>
- <http://www.biohabitats.com/>
- <http://bioshelter.com/Links.html>
- <http://foodfirst.org/>
- <https://www.organicconsumers.org/>
- <http://www.iatp.org/>

Rainbow Earth

One of the nicest things about this region is its water. That we have more than our share of misty, moist mornings is one of the reasons Pittsburgh became a great industrial city. While those living in other places spend great effort securing and conserving water, we have it as a constant backdrop to our daily activities. We're awash in it; we even think of all this rain as a problem, complaining about the lack of "nice" weather days here. People less blessed with this resource wish they HAD this kind of problem; let's treasure this resource.

The grass is always greener on the other side of the fence. Here we are pining to get away to some far-off place for a vacation when we have it all here now, everything we need. Because chambers of commerce and travel agencies emphasize the good side of destinations (while conveniently neglect-

ing their problematical sides), we find ourselves victim of the illusion that we have to go somewhere else to be happy. But, because everything is connected, problems as well as people can travel. Diseases, shortages of healthy food, pollution effects, overpopulation, economic troubles, crime - all stubbornly persist.

We need a re-orienting of our value systems right here in River City. Rather than getting up in the morning with that swift self-kick in the pants administered via caffeine, maybe we should more often slow down and smell the roses. "Wake up and smell the coffee" could become "Arise to the becoming dream of a better, more harmonious world."

Working together cooperatively, we could make a heaven on Earth, rather than the human-made hell it is more and more becoming because we're fighting.

This stormy time in our planet's history will pass. Sooner or later we'll agree that we can't pollute our water in the pursuit of natural gas. The 2-d black/white/gray mindset that says we must fight for limited resources will dissipate with the gearing up of many alternative energy sources - accessed via sharing relationships with all types of people. Then we will see a beautiful rainbow of abundance.

Jim McCue
(St. Jim the Composter)
 Composter and biotech researcher
 412-421-6496

Follow Jim online at:

- <http://bioeverything.blogspot.com/2015/01/enjoy-yer-cold.html>
- <http://facebook.com/alllifelover>
- <http://bioeverything.blogspot.com/2014/01/the-greening-of-hazelwood.html>
- <http://hazelwoodharvestinc.blogspot.com>
- <http://hazelwoodurbangardens.blogspot.com>

Your Local Elected Officials

Congressman Mike Doyle
 14th Congressional District(412) 261-5091

State Senator Wayne Fontana
 42nd District.....(412) 344-2551

State Representative Dan Frankel
 23rd District.....(412) 422-1774

State Representative Jake Wheatley
 19th District.....(412) 471-7760

State Representative Harry Readshaw
 36th District.....(412) 881-4208

County Executive Rich Fitzgerald
 (412) 350-6500

Mayor Bill Peduto
 City of Pittsburgh.....(412) 255-2626

City Councilman Corey O'Connor
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The 31st Ward Wire

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31st Ward Community Action Group April Meeting Minutes

The meeting was called to order. The March minutes were read and accepted with two changes. Corey O'Connor's name was misspelled and the L. P. Presbyterian Church was acknowledged for looking into hosting a Farmer's Market this summer.

The Treasure's report was read and accepted.

Officer Shannon Leshen, our Zone 4 liaison officer, gave a summary of the March crime reports. There were 4 Part 1 crimes including aggravated assault, theft from residence and stolen vehicles.

A flyer on the "Spring 2015 City-Wide Public Safety Meeting" on April 22 at 6 PM was passed out.

A report on the collection of candy that filled 80 Easter baskets for children at Mercy and Children's Hospitals and the Woman's shelter was given.

Officer Leshan was asked about the boundary of Zone 4, questions about section 8 housing, who to contact about suspicious activity in the neighborhood, police protection when Mifflin Road is closed and the new Commander, Daniel Herrmann.

Old Business

Ryan Herbinko applied to the Board and was voted as a new Member.

Judy Stump from the Nazarene Church reported on the Easter Egg Hunt. They filled 2500 eggs; there were 36 volunteers, about 125 children and an estimated 250 total people at the event. It took about 10 minutes

to find the eggs at McBride Park. After the Easter Egg Hunt a lunch was provided to everyone present.

The neighborhood Clean-up was held April 25th @ 10 AM. We had a meeting station set up at the Park&Ride on Muldowney Ave. where we had trash bags, gloves and vests.

Marlene Lusnak is interested in having a group in her neighborhood of New Homestead. We will give her supplies ahead of time.

Diane Ketter is going to clean the empty lot at the corner of West Run and Interboro.

We purchased 14 new flags that will be installed by D.E.S. Some of the poles, holders and straps are going to need replaced soon. We will check on prices to do this. The Flags cost \$33.00 each; we ask for donations of \$25.00 and make up the difference. It was suggested we let people know the true costs to see if people will donate the full amount.

Farmers Market at the LP Presbyterian Church: Nancy De Gregorio reported that the city is not as excited as they were last fall in helping us get a farmers market in Lincoln Place. Not to be discouraged, the Church is moving ahead on their own, with the support of many of the residents. The Stathers Funeral Home has offered the use of their parking lot for parking.

New Business

National Night Out (NNO): The Nazarene Church and the 31st Ward Community

Action Group are working together to organizing this event. The 31st Ward is registered to participate in this event this year. The event is Tuesday, August 4th. The first planning meeting is Tuesday April 21st at 7 PM at the Nazarene Church.

There was a little talk about the Memorial Day Parade. Everyone was in agreement that it would be a shame if the parade was discontinued.

A motion was made to adjourn, seconded and accepted.

2015 Memorial Day Parade Participants Wanted!

Bring Your Antique, Classic And Cool Cars, Trucks And Motorcycles To Participate In Our Memorial Day Parade On Monday, May 25

The Lincoln Place VFW and the 31st Ward Community Action Group would like to invite you to march in the parade on Memorial Day, Monday, May 25. I am sorry to report that our Parade last year was not as large as it has been the past years.

What happened?? I asked around and received some answers. The Lincoln Place Youth Athletic Association is currently not active. This fine group of parents and volunteers put together an outstanding program for boys baseball and girls softball. Due to many issues, the program is temporarily suspended. Hopefully the LYPAA can be rejuvenated if people wish to get it going again. All of the equipment is in storage and ready to go.

In the past, along with all of the uniformed baseball and softball players marching and waving the flags; there were lots of Cub Scouts, Boy Scouts, Girl Scouts and Brownies. I can only hope those groups are out there and will participate.

The parade was led by Pittsburgh's Police Motorcycle Officers. We have always invited the Paramedics and Fire Bureau; but sometimes those Bureaus can not assign extra units to commit to the parade. They request Pittsburgh Medic 12 and Engine 20, located in Hays, to participate if they are not given an emergency call.

The body of the parade was comprised of antique, classical and cool cars and trucks. Also represented was a good showing of motorcycles. This group of folks would toss out candy to all of the anxious children along the route. Last year we did not have a strong showing; therefore the kids did not get as much candy! I wish for the children who watch the parade receive lots of candy and have a great time. Picking up the rear of the procession were folks on horseback, who came from the stables off Lebanon Road behind the Dairy Queen.

The parade always finishes on Elwell Street at Mifflin Elementary School. Our elected Representatives, Veterans, and key

note spokespeople honor and remember all of the fallen men and woman in the armed forces. Immediately after, the VFW invites everybody to the VFW for free hot dogs, huggies or a draft.

Some of the mystery of the past year's turnout was due to the passing of a "Great Guy" named Bill Todd. I was told that Bill was an active member of the Elks. Bill had many friends who owned antique, classic and cool cars, trucks and motorcycles. Bill always invited his friends to join him for coffee and doughnuts on him at the Elks. That was the early staging area for the vehicles that would be in the parade. I am sure that without Bill we lost our connection to these guys and gals.

With this new information I want to start another coffee and doughnuts on us before the parade. Jason, the owner of The Shop-N-Go, has agreed to let all motorcycles, cars and trucks meet in his parking lot by the batting cages. He told me that he will be able to help us provide free coffee and doughnuts to the parade participants. We ask that any interested cruisers meet between 8:00 am and 9:30 am at Shop-N-Go. The parade starts at 10:00 am at the corner of Interboro Avenue and Plaport Way. We will station all the vehicles at the starting position around 9:30 am.

Anyone wishing to be in the parade should meet us early at the Shop-N-Go or after 9:30 am at Plaport Way. If you can bring bulk small candies to pitch out for the children that would be GREAT!

After the parade, all vehicles are invited to special parking at the new Scoops Ice Cream Shoppe on Mifflin Road at McBride Street. The folks at Scoops will be offering a taste of ice cream.

Thank you to everyone for making this event great for 31st Ward. Any questions or information contact me, Mark S. Schneider, at 412-464-9579 (Home); 412-961-4304 (Cell); schneims@pitt.edu.

Flag Fund Donations

The 31st Ward Community Action Group would like to thank the Catherine Eckert VFW Post 5321 for their donation to our flag fund in Honor of their fallen comrades in arms, and Mr. James Takas in honor of all Veterans.

In addition to anonymous donors we would like to acknowledge the following people; Mr. Barry Martine, Mr. And Mrs. Regis Ketter, Mr. Robert Eckbreth, Mr. and Mrs. Paul Stopchuck, and Mrs. Dolly Singer.

Flag donations were received from the Schaming families in memory of Leo Schaming.

31st Ward Flag Fund Donation Form

The 31st Ward Community Action Group would like to thank everyone who donated money to our flag fund. We are still accepting donations, and your help would be appreciated. Thank you!

_____ Yes, I would like to help my community and make a donation of \$25.00 for a US Flag to line the streets of the 31st Ward.

Enclosed is my check for _____

Name _____

Address _____

City _____ State _____ Zip _____

Telephone Number _____

_____ Please acknowledge my gift in the 31st Ward Wire I would like it in honor/memory of

Please make checks payable to:
31st Ward Community Action Group
and mail to 5121 Interboro Avenue, Pittsburgh, PA 15207

Share Your Stories, News and Memories With Us in The Homepage

The 31st Ward Community Action Group is looking for residents to help with articles for submission to the Homepage. If you have any experience writing, or would like to try your hand at it, we would be happy to have your help. Articles could be about local residents, businesses, or stories of growing up in the neighborhood.

Maybe you remember an incident from school or riding the streetcar. An experience that stayed with you from your childhood, playing baseball or softball, a neighbor, a

relative, the big snow; all would be good subjects for a story. Share these moments with all of us.

Don't worry about spelling or grammar; the editor will fix those issues.

You can send your story by E-mail, through the regular mail, or a message to us on our Facebook page.

E-mail us at neilscham@aol.com, or send it to: 31st Ward Community Action Group, 5121 Interboro Ave., Pgh, PA 15207.

We eagerly await you stories.



Easter Egg Hunt

Early on Easter Saturday McBride was filled with about 250 children and adults ready to fill their Easter baskets with candy filled eggs. Over 35 volunteers from the Lincoln Place Church of the Nazarene and nearby neighbors filled, and hid, 2,500 eggs with treats. After a short story by Rev. Joe Stump about the meaning of Easter the word was given and the eggs were collected by the enthusiastic crowd in less than 10 minutes. After the hunt everyone was treated to a light lunch of hot dogs, soft drinks and chips.

Our thanks go out to Rev. Joe Stump, his wife Judy, and all of the volunteers who made this year's event the biggest and best attended Easter egg hunt in recent years.



Hometown Girl Buys Local Business

When Julie Hornak (formerly Julie Gordon from Muldowney Avenue) and the late Dennis Hornak purchased the Pizza Stop at 1315 Mifflin Road in Lincoln Place in 2007, they knew that they had a reputation to uphold. The business was the only pizza available in Lincoln Place when Pat Lauso opened over 30 years ago as Pat's Pizza. Many residents had their first taste of pizza from Pat's. Pat later sold the business and recipes to Vicky Dever (from Del's).

After working for 20 years in high volume cooking at Jefferson Hospital, Julie decided to attend CCAC at night. After obtaining her Culinary Arts Degree she worked a few years as executive chef at Anna's Ravioli Board. With her 35 years experience in the hospital-

ity industry she was then hired by Vicky Dever and worked as Pizza Stop manager for two years.

When the business and building came up for sale Julie and her husband sunk their life savings into the purchase. When Dennis suddenly passed away Julie was left with the pizza shop and a building that needed to be renovated. With the help and support of her family she slowly got back on her feet and her perseverance paid off. Julie kept the familiar Pizza Stop name but tweaked the dough recipe and developed her own sauce. Many assorted sides are on the menu, wings, salads and full dinners. She offers pick up, delivery and has several booths for eating in. With its central location and ample parking in the front, side and rear of building

it is very easy to order ahead and stop on your way home for dinner. With her background and experience Julie can handle large orders and can cater your parties.

Julie has plenty of ideas for the business and her future plans include room rental and catering for private parties and showers.

Julie returned "home" to Lincoln Place a few months ago and resides in a lovely apartment above the shop so she is close enough to keep an eye on things. She is always available for special events, like football games.

We thank Julie for investing in our neighborhood and wish our "hometown girl" continued success. Visit them online at thepizzastop.net, or call 412-461-5455. Check them out on Facebook!

Receive *The Homepage* Via E-mail

If you know a former 31st Ward resident or someone in the military service who would like to keep up with local news, send us their E-mail address. We will send them *The Homepage* via E-mail. Contact us at Neilscham@aol.com or message us on our Facebook page.



Look for the 31st Ward Community Action Group on Facebook. Join us to see pictures of past events and receive notices of upcoming events.



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31st Ward Churches

Holy Angels Catholic Church
 408 Baldwin Road
 Pittsburgh, PA 15207
 412-461-6906
www.holyangelshays.org
 Rev. Robert Ahlin, Pastor

Lincoln Place Church of the Nazarene
 5604 Interboro Avenue
 Pittsburgh, PA 15207
 412-462-2524
www.lpnazarine.org
 Rev. W. Joseph Stump,
 Senior Pastor

Lincoln Place Presbyterian Church
 1202 Muldowney Avenue
 Pittsburgh, PA 15207
 Rev. Deborah Messham
 412-461-3377

Mt. Rise Baptist Church
 80 Ingot Street
 Pittsburgh, PA 15120
 (New Homestead)
 Pastor Stephen Doniel

St. John The Baptist Cathedral
 210 Greentree Road
 Munhall, PA 15120
 412-461-0944
 Rev. Dennis Bogda, Rector

Warriors of Holiness in Power (W.H.I.P. Ministries)
 1174 Mifflin Road
 Pittsburgh, PA 15207
 412-461-5572
 Pastor James and
 Apostle Denise Samuel
www.whipministries.com

Lincoln Place Presbyterian Church

SUNDAY
 Services begin at 10:30 AM with Rev. Debrah Messham.
 Sunday School for all ages
 Precedes services with a 9:15 AM start.

- WEEKLY EVENTS INCLUDE:**
- **Busy Fingers** on Mondays from 10:00 AM to Noon, where crafts and other items are worked on.
 - **Senior Lunch** is served Tuesdays from 12:00-1:00 PM followed by games, Wii, and fellowship until 2:00 PM.
 - **Choir Practice** is from 7:00 PM to 8:00 PM on Thursdays.
 - **Free Lending Library** is open Monday & Tuesday mornings 10:00 a.m. to 12:00 noon. Borrow a book, sit and read. Donations of used books are welcomed.

More 31st Ward Street Names

V M Z M Q E R O M I T L A B Y
 P W H C O Z D P E D C E Y D V
 N S I H S H T B S R I L U V V
 T L L O C I R T O I O A O W H
 S A L M K R O B F N K D A Z R
 R T B E E C H L A N D E K R L
 U E U L K M I N P C I L L Q M
 H S R A Q O X T L D H P E I O
 N T N N U O H E E C C A A O O
 E R W D I N F F S R N M F W Z
 L N D N A E Q O V L E K P K O
 G G G M E Y M L X G T H F L I
 P O I K K S D U G R A N G E R
 T B Y D O S P I K E C O M E R
 I C E C B J N U I M G U B X K

Mapledale	Oakleaf
Ingot	Beechland
Spike	Mooney
Granger	Mohrbach
Comer	Homeland
Hillburn	Keefe
Slate	Cosmos
Glenhurst	Stock
Heretick	Baltimore

Lincoln Place Church of the Nazarene

- SUNDAYS**
Sunday School: 9:30 AM (all ages)
Morning Worship: 10:40 AM
Children's Church: 10:40 AM
NYI Youth Group:
 Sundays at 6:30 PM
Adult Bible Study:
 Sundays at 6:30 PM
- WEDNESDAY**
Intercessory Prayer: 10:30 AM
Naz Kidz: 7:00 PM
Worship on Wednesday: 7:00 PM
- THURSDAY**
Ladies' Bible Study: 10:30 AM
- **Monthly Food Pantry:** 3rd Saturday, 8:30 AM. Distribution is at Lincoln Place Presbyterian Church. Call 412-461-2524 for eligibility.
 - **Need a ride to church?** call Darrel at 412-461-6742.

Holy Angels Parish

REGULAR WEEKLY MASS SCHEDULE
Monday – Friday: 7:00 AM, 9:00 AM
Saturday: 8:00 AM, 4:30 PM & 6:00 PM
Sunday: 6:30 AM, 8:00 AM, 9:15 AM, 10:30 AM, 12:00 noon, 5:30 PM

Holy Day (Weekday) Mass Schedule:
Vigil Mass: 4:30 PM, 6:00 PM
Holy Day: 6:30 AM, 9:00 AM, 12:00 Noon, 7:00 PM

Holy Angels Parish is a Roman Catholic church that began in 1903 in the town of Hays, PA and is a family community among the many parishes that make up the Church of Pittsburgh. Our purpose is to assist each member in spiritual growth, to enable all members to support the parish family and to reach out to the larger community of the Church and the World.

History Through Newspapers

By Edward Salaj

July 5th Big Day At Hays

[Wednesday, March 17, 1920] At a meeting last evening of the Soldiers Tablet Association in the Municipal building at Hays, arrangements were made to dedicate a bronze tablet purchased by the patriotic citizens of this place who answered the country's call.

June 15th was selected for the date and it will be a general holiday in the borough and a number of prominent speakers will deliver addresses.

There are a number of gold stars on the tablet in honor of the boys who gave their life upon the battle fields on France.

Burgess John Hamilton presided over the meeting.

School Superintendent Badly Burned

Clifford A. Edmundson in Serious Condition—Is Rescued by Pupils and Teachers of Lincoln Place School

[Tuesday, March 23, 1920] As the result of a gas explosion in a garage shortly before 10 o'clock this morning, Clifford A. Edmundson, superintendent of the Mifflin Township public schools, was badly burned about the body, face and hands.

Edmundson has a garage near the Lincoln Place public school building and while plac-

ing his automobile in the building the engine back fired and ignited gas leaking from a pipe line under the garage and an explosion followed.

In an instant the building was ablaze and Edmundson was enveloped in the flames and resembled a human torch.

Some of the boys in the school nearby noticed the blaze and informed their teacher and an alarm was sent into Lincoln Place Volunteer fire company.

Before the fire company arrived the school boys and teachers were on the job and after rescuing the unfortunate man from death, extinguished the fire.

The work of the school boys won the admiration of the citizens, their quick work saving life and the garage and from destruction.

Willing hands carried Edmundson to the principal's office in the Lincoln school building and Dr. E. L. Jones was summoned. After dressing the burns he sent Edmundson to the Homestead hospital.

In honor of the good work of the school boys school was dismissed for the day, which was a wise move as none of the pupils could study after the thrilling excitement they had experienced.

While the burns are serious the attending physician has hopes for Edmundson's recovery. The top was burned from the automobile before the school boys succeeded in pushing the machine from the garage.

The gas line which caused the accident ran under the garage to a street light near the garage. Superintendent Edmundson was in a hurry to visit the school and was ignorant of the gas leak until the explosion occurred.

The garage is but slightly damaged as the blaze was extinguished and the gas shut off before much damage was done.

Fire Destroys Lutz Brothers Old Saw Mill

[Wednesday, May 26, 1920] One of the most costly fires that has occurred in Mifflin township for some time was that of Monday when Lutz Brothers saw mill on the old Calhoun park was destroyed. An alarm was sent to the Homestead Park fire company, but when the firemen arrived the mill was completely destroyed. The building was a small loss, but the costly machinery which was ruined by the fire is estimated at \$3,000.

Lutz Brothers had no insurance. The origin of the fire is not known.

All articles are reprinted from the Homestead Daily Messenger.

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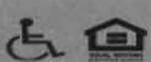


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Lots of great features: This house, located on a corner lot in one of Hazelwood's most stable sections features great views across the river, a nice yard, and three bedrooms. When complete, it will have brand new kitchen, bath, furnace, windows and (exterior) doors. If you qualify and sign now, you can pick out your own kitchen cabinets, fixtures, appliances, paint colors and carpet colors (within a specified range).

Details about qualifying to own this house: This house is for sale for \$70,000 to a household earning 80% of Pittsburgh's median income or less. You must live in the house and be buying a home for the first time. A 0% second mortgage with no payments as long as you live in the house is available for up to \$35,000 to make the payments affordable to you. You must have enough income to make the payments, you must have good or repairable credit, and you will need to save for a downpayment and some closing costs. But we can help you with that by connecting you with NeighborWorks for free and confidential credit and budget counseling and with some really helpful local banks.

For more information, call the Hazelwood Initiative at 412-421-7234. For homebuyer financial assistance call NeighborWorks at 412-281-1100.

The Greenfield Grapevine



Meet Your Neighbors And Volunteer Celebration Event

Dear Greenfielders-

The arrival of spring can often illicit thoughts of new beginnings. In many ways, our neighborhood clean up events organized by our Public Space Committee often signify the beginning of spring for us. As always there are several opportunities throughout the year to get involved while helping to clean up and beautify our special neighborhood. Please check out the list of events where you can jump right in, get your hands dirty and volunteer with our various committee happenings. It is always a great way to get to know people in the neighborhood and see Greenfield close up.



It was great to see so many residents brave the bitter cold to attend the Greenfield Bridge Replacement Meeting this past February. The closing of the bridge is fast approaching and at this point there is no turning back. Without a doubt, the closure will be challenging for us and we will certainly have difficulties adjusting to these changes. But it is also a wonderful opportunity for our community to draw closer together. We cannot overlook that at the conclusion of the project we will have a new bridge that is structurally sound, pedestrian and bike friendly, and an attractive neighborhood gateway for residents to enjoy for many years.

The GCA has been involved in ongoing conversations to understand and promote the interests of the neighborhood including traffic mitigation, bus rerouting and pedestrian/cycling detours. We have been diligently working with Councilman Corey O'Connor and Mayor Peduto's office to help promote neighborhood businesses during these upcoming difficult times.

We are also assisting in the coordination of fundraising efforts to reduce the impact of the bridge project's effects on our local businesses. We know we have great businesses that have become destination places for others outside of Greenfield and we want to ensure their continued success.

We welcome and encourage any thoughts, comments and suggestion for additional measures to help our local business community thrive while the bridge is being reconstructed.

We are also gearing up for the Greenfield Glide, taking place on June 7th at 8:30 AM in Schenley Park. This is our 33rd Annual Glide and we are hoping it will be the best one yet. This is a fun race for runners or walkers. Registration is open at <http://www.greenfieldglide.com>. We are also looking for volunteers to help out on the day of the race and cheer on the runners!

Finally, we would like to take the time to say thank you to all who participated in our Meet Your Neighbor and Our Volunteers Event! This brand new spring event celebrated the contribution of our wonderful volunteers, donors and residents. We had a great time at the Magee Senior Center where we were able to get to know each other accompanied by some fine home made food thanks to our ten GCA board members.

We hope we'll see you around the neighborhood and of course at an event soon!

Sincerely,
Kate Hickey, GCA Board President



Greenfield Community Association Meetings & Events

May Meetings/Events

- **GCA Development/Transportation Committee** - Monday May 4, 7 PM. Greenfield Presbyterian Church
- **Irvine St. Planting** - Saturday, May 9, 9 AM to Noon.
- **GCA Board of Directors Monthly Meeting** - Monday, May 11, 7 PM, Greenfield Presbyterian Church
- **GCA Public Space Committee** - Tuesday, May 12, 7 PM, Bernacki Wellness, Lower Level, Coleman St. entrance

- **GCA Public Safety Committee** - Wednesday, May 13, Bernacki Wellness, Lower Level, Coleman St. entrance
- May 15, Greenfield Grapevine deadline for June issue
- **Ronald St. Planting** - Saturday, May 16, 9am to Noon
- **TBA GCA Events Committee** - Planning for Greenfield Glide

June Meetings/Events

- **GCA Development/Transportation Committee** - Monday, June 1, 7pm, Greenfield Presbyterian Church

- **Greenfield Glide** - Sunday, June 7, 8:30 AM, Schenley Park, Overlook Dr.
- **GCA Board of Directors Monthly Meeting** - Monday, June 8, 7 PM, Greenfield Presbyterian Church
- **GCA Public Space Committee** - Tuesday, June 9, 7 PM, Bernacki Wellness, Lower Level, Coleman St. Entrance
- **GCA Public Safety Committee** - Wednesday, June 10, 7 PM, Bernacki Wellness, Lower Level, Coleman St. Entrance
- June 15, Greenfield Grapevine deadline for July issue.

OPENING CELEBRATION!

Community Learning Lab

Greenfield Presbyterian
3929 Coleman St.

Saturday, May 30th, 2-4 p.m.

MINECRAFTernoon

Computer lab orientation
Ice cream social

www.greenfieldpresbyterian.org

These Are the People in Your Neighborhood: Sydelle Pearl

By Gina Godfrey

If the name of this month's profile subject looks familiar, readers may recall that in the not-so-distant past, Sydelle Pearl was a *Grapevine* contributor, offering a series of reviews and reflections on children's books. This series grew out of Sydelle's vocation as a writer, educator and storyteller.

Sydelle Pearl grew up in northern New Jersey, and received her bachelor's degree in education from Kean College, now Kean University. She then attended Simmons College, where she received her master's degree in library science. She worked for several years as a children's librarian at public libraries in the Boston area. Throughout this time, she maintained a passion for writing her own stories.

The first works that Sydelle published were pieces of short fiction, in the now defunct children's literary magazine, *Lollipop*. Thereafter, she completed a book of stories she describes as "original folktales," *Elijah's Tears*. In the five stories, which each relate to an important Jewish holiday, Elijah aids those in need. As Sydelle puts it, "Elijah appears when people need him most."

In order to attract attention for her collection of stories, Sydelle utilized her skills as a profession-

al storyteller and created a studio produced recording of the stories, complete with musical interludes of traditional Jewish melodies on the clarinet. Sydelle then sent tapes of the recording to reviewers, in the hopes that a positive review would catch the interest of a publisher. She laughs as she points out that it was way back, when one had to send such tapes in the mail.

Her tactic worked. *Elijah's Tears* received a very positive review in American Library Association's Booklist magazine. Sydelle sent copies of the review to publishers with a hand written letter. She received a number of responses, asking to see her stories. Ultimately, *Elijah's Tears* was published by Henry Holt Books in 1996 with illustrations by Bulgarian-born artist Rossitza Skortcheva. It has subsequently be republished by Pelican Publishing.

After publication, *Elijah's Tears* was very well received. It was highlighted on the Best Books List put out by the Bank Street College of Education in New York City, and named an American Bookseller "Pick of the Lists" and was a Storytelling World award-winner.

Sydelle moved to Pittsburgh from Boston in 2004. Her next book took her from the world of folktales to biography, when she decided to tell the story of Jella Lepman. *Books for Children of*

the World: the Story of Jella Lepman tells the true story of a Jewish woman who fled her native Germany during World War II. She returned after the war to establish the International Youth Library in Munich. Jella Lepman believed that children's books in different languages could become ambassadors of peace. *Books for Children of the World* was published with illustrations by Danlyn Iantorno in 2007.

The next years in Pittsburgh proved to be very fruitful for Sydelle, and she published two books in 2012. For *Hope Somewhere in America*, Sydelle was inspired by the Robert Brackman painting "Somewhere in America" which she saw on exhibit at the Frick Art and Historical Center. It is illustrated by Astrid Sheckels, and was published by Twin Lights Publishers, Inc., Spring 2012. *Dear Mr. Longfellow*, is a biography, of Henry Wadsworth Longfellow in which Sydelle has reflected upon the letters he received from children. These letters show the unique, close relationship that young readers shared with the poet. The book contains photos of Longfellow and his family and reproductions of the correspondence he shared with his young admirers. It was published by Prometheus Books, in October 2012.

In addition to creating comprehensive teacher's guides for all of

her books, Sydelle has integrated her many skills, as a writer, educator and storyteller to develop a variety of educational programs for children about her books and other subjects. She has tailored each program for the sponsoring organization, the audience and the subject. She has covered a variety of topics, from African-American and wom-

en's history, to the writing process. You can learn more about Sydelle and her work at her website, www.storypearls.com.

Sydelle finds inspiration from her home on Tesla Street, where she says, "The view from my apartment is so beautiful! I can see the sunrise and the sunset from my windows."

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Sister Elizabeth Roach - A Global Cyber-Nun

By Eileen O'Neil

Maryknoll Sister Elizabeth V. Roach was born in Greenfield, grew up in Hazelwood, attended St. Stephen School and graduated from St. John the Baptist High School, Lawrenceville, in 1946. At the age of seventeen, she entered Maryknoll Sisters and has had a 50-year career teaching children in Bolivia, Peru, Panama and the United States. Maryknoll has members from all over the world, but Sister Elizabeth is the only one from Hazelwood. Recently, two missionaries from the

United States and one from Korea made their final vows. Sister Elizabeth is hoping someone from Greenfield or Hazelwood will become a Maryknoll.

In 2002 when it came time to retire, Sister was not ready, and took a correspondence course in writing books for children. Three of her books have been published in paperback and on Kindle. *If I Am Found Worthy* tells the story of Maryknoll Father William C. Kruegler, who gave his life to protect children in Bolivia. *Secret Melody* is a gripping story about children immigrants. *Seven Stories* is a collection of tales to read to children ages 2 to 8. Her stories are about children, animals and history.

As soon as Facebook and Twitter appeared, Sister saw them as another means to reach out with her stories to children whose parents are too poor to buy books. She now has a blog called *My Story Hour*, where she gets hits from Latvia, Iran, Beijing, and many other countries. The children can bring up stories in their own language and the translation can be made in 80- different languages. The blog can be found at mystory-hour.blogspot.com.



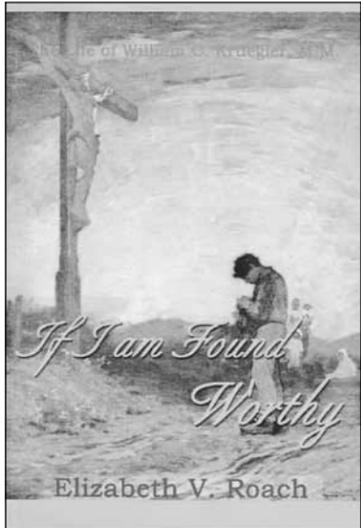
Sister Elizabeth's latest discovery is *Skype In The Classroom*. Once again, Sister had to learn new technology, but nothing seems to daunt this Missioner. Sister Elizabeth sees technology as a great means of extending missions to the far ends of the Earth, and as Sister says, "The wonderful thing about it is we can do it from home." Sister Elizabeth was featured in a recent issue of *Maryknoll Magazine* in the article *A Global Cyber Nun* by Sr. Mary Ellen Manz, M.M.

Sister Elizabeth says when she was in the eighth grade, she was moved by the book *When The Sorghum Was High* by John Jo-

seph Consine. Sister Anne Francis Tighe, S.C. would read the story to her students at St. Stephens on Fridays if they had all their work done. It is the story of Fr. Gerard Donovan, M.M., who was martyred in China in 1937. Gerald was one of three Donovan children - Tom, Joe and Gerard - from Tipton Street in Hazelwood, who became Maryknoll Missioners. Fr. Joseph Meenhan accompanied Fr. Gerard's body from China when he was brought back from China. One day, Sister Anne Francis put her hand on a map of Tibet, and said it was a landlocked country where people had never heard the name of Jesus. Elizabeth was sitting in the first row, and thought, "I have to go and tell them about Jesus." That was one of the things that

made her think of going to Maryknoll, but it was really Fr. Joseph Meenan, from St. Stephen Parish, who convinced her that there was no one like Jesus, and that he loved everybody.

Sister Elizabeth is the daughter of the late Catherine Flaherty Roach and John F. Roach. She had three brothers, John (Shorty), Jim and Donald. The family lived on various streets in Hazelwood, including Chance St., Flowers Ave., Mansion St., Dyke St. and Second Ave. After she left for Maryknoll, her family moved to Allegheny Terrace, near the Glenwood Bridge. Sister has no immediate family members now, but she does have nieces and nephews scattered between Pittsburgh (Bethel Park, Mifflin and Etna) and Boston.



Call for Grapevine Articles

Have an idea for an article for an upcoming issue of the Grapevine? Want to announce something to the neighborhood? We're always looking for content that will be interesting and informative for our community! Send any content you'd like to include to info@gcapgh.org!

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Saint Rosalia Academy 2014-2015 Varsity Boys Basketball Team
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Saint Rosalia Academy 2014-2015 Junior Varsity Girls Basketball Team
Undeclared "East Section" Champs

1st Row (L-R): Brennan Rosario, Madison Mock, Haley Lupinacci, Shea Deasy. **2nd Row** (L-R): Lauren Olson, Hailee Hall, Tana Ganoy, Emily Lupinacci, Faith Whitley, Coach Dan Kelly, Coach Cory Hahn.

2015 Pittsburgh Diocesan Junior Roundball All-Star Classic (East) Team



First Row (Left to Right): Coach Phil McGiuney, Jake Malcanas, Patrick Brennan, Eric Gidel, Gregor Meyer, Mike Reynolds, Will Gatti.

Second Row (Left to Right): Coach Kevin Kelley, Joe Glusec, Jim Schropp, Conor Deasy, Marc Peters, Chris Salemi, Carey Lucchino, Jeffrey Bridgett, Jim Moon, Kieran Rapp, Coach Jim Gregg.



Congratulations to Saint Rosalia Academy's Marc Peters and Sacred Heart's Eric Gidel (Greenfielder) on their recent selection as members of the Pittsburgh Diocesan Junior Roundball All-Star Classic (East) Team. The team was coached by St. Rosalia Academy coaches Jim Gregg, Kevin Kelley and C.T.D.C.A. coach Phil McGiuney. (Photo left to right: Coach Jim Gregg, Marc Peters, Eric Gidel, Coach Kevin Kelley)



Saint Rosalia Academy

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If you are interested in a Eucharistic Centered School for your child, join us at Saint Rosalia Academy. Registration for the 2014 – 2015 school year for grades Preschool age 3 to Grade 8 are now open. Please give us a call at 412-521-3005 to schedule an appointment.

A Nutrition Plan for Beginners

Dear Friends,

Having a nutrition plan is imperative to achieving optimal health. These steps will help you recognize what is helpful and what is harmful to your body and what you can do to make it better. Remember to listen to your body! If any food or supplement makes you sick, stop it immediately! Establish a plan that fits your body and keep up with it. This is the key to longevity.

Step 1: Eliminate all wheat, gluten, and highly allergenic foods from your diet.

Gluten is the primary protein found in wheat. Harmful gluten contains gliadin, which provokes the inflammatory reaction. If you are sensitive, your body will make antibodies to gliadin and attack the cells gliadin has attached itself to, treating those cells as an infection. This immune response damages surrounding tissue and has the potential to set off, or exacerbate, MANY other health problems throughout your body, which is why gluten can have such a devastating effect on your overall health. Rice, corn, buckwheat and millet have gluteins, but do not contain gliadin. If



you are looking for gluten-free products, be aware. Some companies list their products as gluten-free, without understanding the scientific basis of the problem with gliadin.

Avoid the following foods. They are all highly allergenic and will frequently keep your immune system in overdrive by continually triggering the inflammatory response:

- Wheat
- Teff
- White flour products (baked goods, cookies, pastries)
- Spelt
- Barley
- Soy
- Rye
- Pasteurized cow's milk products
- Kamut
- Couscous

Step 2: At least one-third of your food should be uncooked.

Valuable and sensitive micronutrients are damaged when you heat foods. In fact, malnutrition – nutrient deficiencies – from consuming a highly processed diet is one reason why many people cannot lose weight, because it leads to overeating. If you're consistently feeling hungry, you're likely not getting sufficient amounts of the nutrients your body needs to thrive. Cooking foods at high heat will also produce unhealthy byproducts, such as acrylamide, and thermolyzed casein. Regular vegetable juicing will easily help you reach this goal of 1/3 raw food in your diet.

Step 3: Eat more vegetables.

One of the easiest ways to fulfill your vegetable intake is through regularly consuming fresh vegetable juice. Alternatively, you can take the free online Nutritional Typing test. Remember to let your body report back to you how accurate your appetite/taste buds are at gauging what is right for you. Once you're eating the right types and amounts of vegetables (and other foods), your body and mind will respond favorably, and many common health issues will begin to resolve.

Step 4: Keep your vegetables fresh.

If you are unable to obtain organic vegetables, you can rinse non-organic vegetables in a sink full of water with 4-8 ounces of distilled vinegar for 30 minutes. When storing, remove as much air as possible out of the bag. Fruits and vegetables release ethylene gas while ripening after harvesting or picking. This ethylene gas accelerates ripening, aging and rotting. Removing the air can help decelerate this process. This will double or

triple the normal storage life of your vegetables.

Step 5: Limiting sugar and fructose is crucial.

Excessive sugar consumption leads to insulin and leptin resistance, which appears to be the root of many if not most chronic disease. Insulin resistance has even been found to be an underlying factor of cancer. As a standard recommendation, it is strongly advised keeping your TOTAL fructose consumption below 25 grams per day. For most people it would also be wise to limit your fructose from fruit to 15 grams or less, as you're virtually guaranteed to consume "hidden" sources of fructose if you drink beverages other than water and eat processed food.

Step 6: Avoid Artificial Sweeteners.

While all the sugars listed above are best avoided, NONE of them are as bad or toxic as artificial sweeteners. So if you must have soda, regular is superior to diet. Many people ask about Splenda, Equal or Nutrasweet (Aspartame). These artificial sweeteners need to be eliminated. There are more adverse reactions to Nutrasweet reported to the FDA than all other foods and additives combined. In certain individuals, it can have devastating consequences. You should also avoid artificial chemicals like MSG. Better alternatives are a few teaspoons of succanat, or better yet, dextrose (pure glucose with no fructose) intermittently and Natural Stevia.

Step 7: Avoid hypoglycemia.

Hypoglycemia is a deficiency of glucose in the bloodstream. Symptoms of this include dizziness, confusion, headaches, and generally feeling miserable. Eat every two hours for the first few days of your transition. You will need to eat some protein, such as an egg, piece of free range pastured chicken, turkey, fish, or some organic seeds, along with a vegetable such as a piece of celery, cucumber, or red pepper. This will help to prevent hypoglycemia and stabilize your blood sugar.

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Susan Merenstein, RPh/Owner
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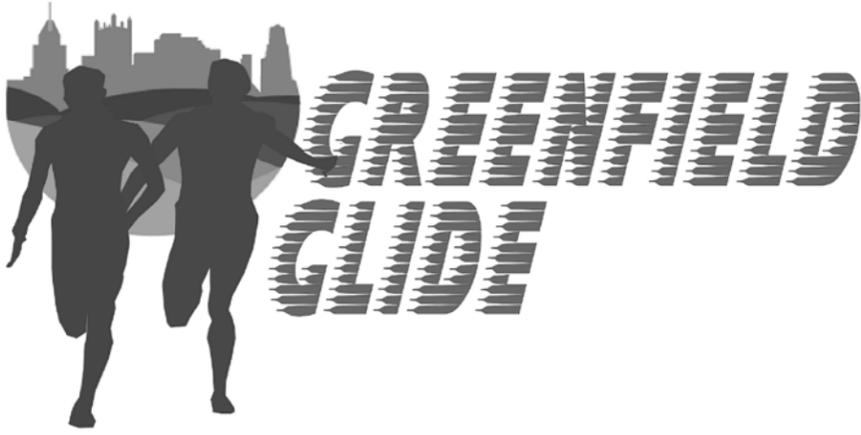
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THE YEAR OF THE BRIDGE

THE FACTS:

- (1) The contractor for the Greenfield Bridge Reconstruction Project will be selected in May 2015.
- (2) The Bridge is scheduled to close this fall on Saturday morning October 10th or 17th. The contractor will then dismantle as much of the bridge as possible before its implosion after Christmas.
- (3) The bridge's closure will extend from Alger Street in Greenfield to Overlook Drive in Schenley Park. Pedestrian and bike access may be maintained along Greenfield Road to Pocusset pending contractor concurrence.
- (4) For the implosion, the Parkway will be closed for a five day period between midnight Christmas Day and midnight January 3, 2016, a seven day time period. Outbound traffic will exit the Parkway at Forbes and inbound at Wilksburg.
- (5) The actual implosion will occur between 9:00 am and 7:00 pm on December 28th, 29th or 30th.
- (6) The Bridge is scheduled to be completed in May of 2017.
- (7) The Bridge's original (and official) name, "The "Beechwood Boulevard Bridge" will be reinstated.



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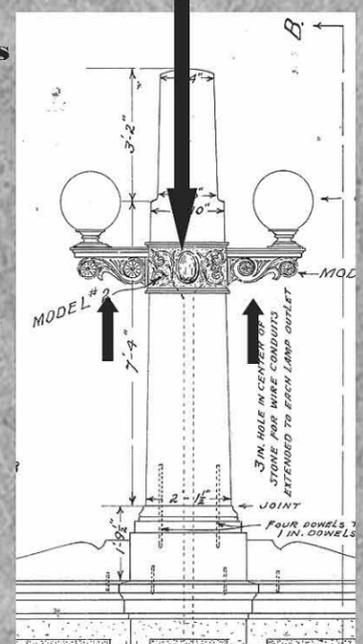
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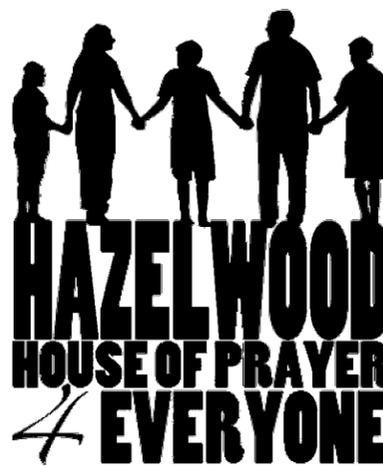
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The Homepage publication is a monthly tabloid size (11x17) community publication; 20 pages. Advertising deadlines are the 15th of every month. Issues are mailed to 10,050 households in 15207, 15217 and 15120 including Hazelwood, Greenfield, Hays and the 31st Ward and distributed at various retail outlets. A ten percent discount is given for the seventh through twelfth months of a full year's advertising. Non-profit rates may also apply. Please transmit ads in PDF by email to hazelwoodeditor@yahoo.com and jwarichter@comcast.net.

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• **Q. How does Pittsburgh's 311 work?**

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• **Q. When is 311 available?**

A. All 311 calls are answered by a live operator from 8:00 a.m. to 4:30 p.m. Monday through Friday.

• **Q. How do I reach Pittsburgh's 311?**

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For Adults

Wise Walk
Wise Walk is a walking program geared toward adults 50+ but open to people of all ages. We will meet every Saturday at 10:30 AM to walk the neighborhood ending with a trip to Dylamato's Market for fresh

fruit and vegetables! During inclement weather, we will walk inside.
Saturdays, May 9th to July 25th
at 10:30 AM

Grandparent Coffee Hour
Attention all grandparents! Stop at the library to socialize with other grandmothers and grandfathers from the community. Refreshments will be served. *Moderator:* Andrea Coleman-Betts
Friday, May 22nd at 1:00 PM

Programs for Children

Celebrate: Magic Show
Join us for a fun afternoon full of magic, comedy and balloon art with Weird Eric!
Ages five through twelve. Children under age five must be accompanied by an adult.
Saturday, May 23rd at 3:30 PM

Fine Art Miracles presents Reading with Romibo

Explore interactive stories using robotic technology presented by Fine Art Miracles, Inc. Romibo the robot shares his favorite books. Come and make a new robot friend at the Library. For preschool-age children and their families.
Tuesday, May 19th at 10:00 and 10:45 AM
Thursday, May 21st at 10:00 AM

STEM: Bedtime Math Crazy 8's Club

STEM (Science, Technology, Engineering, Math) programs are hands-on experiences that engage and interest children through active, scientific learning. While using observation and critical thinking, children will explore different scientific concepts.
Tuesdays, May 5th to May 26th
at 4:30 PM

Teens!

Teen Time
If you're into cool art projects, epic games, music, movies, and just chilling out - come kick it at Teen Time! Open to all middle and high school students.
Thursdays, May 7th to 28th
from 3:30-5:30 PM

Teen Manga Club

Want to talk about your favorite manga and anime? On the last Saturday of each month we will talk about manga, watch some anime, make some art and eat Japanese snacks! Open to all middle and high school students.
Saturday, May 30th from 2:00 to 3:00 PM



Creating A Community You Love To Love In!



Big thanks to all of our volunteers and donors that made this day possible! Joni Designs, Italian Village Pizza, Sweet Treats, The HI Blight Task Force and Small Business Network, CMU, Dumpbusters, the Resident Artist of the Carnegie Library, Home Depot, The City of Pittsburgh Love Your Block Grant, Dan Cuprill, and the Office of Corey O'Connor.

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Mijen Jo Egy Igazi Apa! (How Good And True Is A Genuine Father?)

By Alexander Jozsa Bodnar

I remember fondly in 1950, when my mother and my new father decided to tie the knot, and get married, with Dad's company boss witnessing and providing the company wedding car.

I was elated, running around the housing quad where my Grandma lived, telling the world I now have a true father, and also knowing deep in my heart that I have a protector!

I was 7 years old, and World War II had devastatingly torn into our family. We were poorer than church mice. What the Germans didn't take, the Russians took. But I never fully knew how poor we really were, since I was sheltered and raised by my grandmother Frater Teresa (Juhasz). My mother also supported my uncle Lajos Frater, who had survived the war, but was convalescing for years. My mother worked and studied day and night, and it was only she who had an income to support all four of us. Grandpa Zsigmond Frater had died in the war, and my aunts were married and were also poor, and couldn't help much.

I was the first born of eight male cousins of the four Frater kids, and a favorite of Grandpa Frater, who was known in Budapest as a hauling and trucking company owner who helped family, friends and strangers. If things needed to be sold and couldn't, he made sure a buyer was found. I guess I am not too far from his personality, going out of my way to help others. And I am also a father. My Grandpa was a World War I decorated soldier – but they still took him away, as well as most of that side of the family. I was my Grandpa's great joy - a boy grandson after three girls, until my Uncle Lajos (Lali). He fussed over me, but I only know of this through fam-

ily telling me. He was taken away before the World War ended. But most everything about it was hushed and silenced, and we were filled with quiet remorse and just hollowness.

Dr. Gyorgy Tibor Bodnar also did not have very savory memories of the war era, especially after surviving in a slave labor camp and a Russian camp after the war. But he was young and happy, good looking, and fell in love with my mother, and took her hand in marriage, also taking a half-grown boy to be his son. He was only 14 years older than me. They were so young and beautiful, just like teenagers but obviously much older. Bravely they took on the new world, not afraid of anything and worked, sacrificed and did things together, and ambitiously built a life together.

Their first apartment at Kertesz 37 was meager but workable, and they made room for Grandma and Grandpa Antel Bodnar. In 1956, we eventually moved to a more spacious apartment at Raday 30 Street, to make room for my kid brother Andrew, who was born in 1953.

I was a restless kid who had been living a sheltered life, and finally started to figure out the revolt and the fight for freedom. I realized that people were getting killed, and I got involved. Dr. Bodnar, my father, was asked to serve on the Revolutionary Advisory Council, I was involved at the Corvina Circle Resistance, came home late many times, and got beaten for it, but still went out to fight. After realizing the hopeless end, we had to escape Hungary.

I knew very little of my Jozsa father, except one incident after the war, when he was let out of political prison. Since he served on the Russian and the Finland fronts, he came home in rags, dirty and unshaven, I ran to greet him and fearfully

told him that the AVH the Hungarian Government protecting authorities were looking for him. That was the last time I saw him until 1976, when I looked him up. That incident was in 1946 and most of that time he was persecuted by the authorities. Most likely I wouldn't be here if not for his service, which kept my mother, me and grandmother Frater out of a retention camp in Budapest. I looked for my Jozsa father before going to the land-mined Austrian/Hungarian border, patrolled by Russian armored cars at night, strafing phosphorous bullets, but could not find him in Gyor in the village of Nyul, although he lived there at the time. Gyor city is also an historical, thriving three-river city like Pittsburgh, about 1,000 years old.

In Hungary, Dr. Bodnar exercised fatherhood with me in many caring ways. From the start, I continuously had better facilitations in general, even when having problems with math. He hired my uncle Lajos's old math tutor, Piri Nine, who used to call me a horrible, impossible child. I did not always pay attention, and found math to be very boring. Already, creativity was becoming my forte.

Dad got me a Merckling construction tool set to play with, and later advised me to study art in the USA. Grandpa Bodnar's old suit was tailored to fit me for later in life. I was still tiny, and slightly malnourished because of the war.

I remember how much I loved going to the Rudas bathhouse on the Buda side to swim laps before work and school with Dad. He was tall and long legged, and walked briskly ahead of me, and I was almost always running behind him. He was always dressed clean, with his suit and tie - a very precise man. A perfect example of professional manners and procedure.

Anything that he did here as well as Hungary had to be done professionally, precise, always an example of good manhood and fatherhood. He had a very decent mechanical aptitude and patience that a lot of us do not.

At this point, I must admit painfully, that my Bodnar father is dying of pancreatic cancer in Arizona, sadly never to go back to their loving homestead in Wilmington Delaware, with mom's favorite sunroom that both of them loved sitting in and reading, and hosting friends and family. They had truly accomplished and maintained the American Dream. On March 7th, they will celebrate their 65th wedding anniversary.

He showed me and my brothers how to be responsible, professional individuals. A loving and patient father, husband, who was family and community-oriented, always fostering higher education and continuously learning, finishing his bachelors and masters degrees in night school while supporting five people, and did not retire until the age of 80.

Now both mother Aranka Frater Bodnar and Gyorgy Tibor Bodnar are at the twilight of their lives, both suffering from ravages of time and having less time to enjoy their family, because of always needing to catch up from continuous set backs.

We came here with only our shirt on our backs and nobody gave us anything or lent us a dime. So let the grace and the prayerful love for all of us flow with tolerance. I have been living in Hazelwood since 1974, involved since 1975 serving man, God, church, community and country ever since.

Alexander Jozsa Bodnar is the owner of Jozsa Corner restaurant, President of GHDI, and chair of the Hazelwood Urban Garden.

Rena's Recipes: Tomatoes -The Fruit That Acts Like A Veggie!

Tomatoes are loaded with many health properties, every home should always have them in their kitchen or pantry. Tomatoes are naturally low in sodium, saturated fat, cholesterol, and calories. One medium tomato, about 4 oz, provides 22 calories, 0g of fat, 5g of carbohydrate (including 1g of fiber and 3g of sugar) and 1g of protein. Tomatoes are a rich source of Vitamins A, C, & K, Folate, Potassium and Folic Acid. Vitamin K and C are very good for strengthening and repairing bones as, vitamin A improves vision and help prevent night blindness, it also can make hair strong and shiny.

Tomatoes also have beneficial nutrients and antioxidants including alpha-lipoic

acid which helps the body convert glucose to energy, a good source of Chromium which helps regulate blood sugar and lycopene. Lycopene makes skin less sensitive to UV light damage, improves bone mass and can reduce the risk of several cancers. Lycopene also helps with sleep, muscle movement, learning, memory and assists in the absorption of fats, so it is necessary to include it in your diet.

Tomatoes also include Thiamin, niacin, Vitamin B6, Magnesium, Phosphorus, and Copper. Since tomatoes are a great source of potassium they can create a 20% decrease in dying from all causes, if included regularly in your diet.

Some easy ways to include them into your diet may be: adding tomatoes to your sandwiches, chopped up in a salad, using marinara or tomato based sauces as opposed to cream based sauces, drinking tomato juice, adding to eggs or breakfast taco, adding canned or stewed tomatoes to soups and stews, or even making your own salsa with lots of fresh or canned tomatoes. Salsa is a great replacement for high fat salad dressing and is very tasty on meats, fish and eggs. Here is a few delicious recipes you can use to help include tomatoes into your everyday diet. ENJOY!!!

Almost Homemade Garlic and Onion Tomato Sauce

Servings: 4 (about ¾ - 1 Cup each)

2 tsp Extra Virgin Olive Oil
2/3 cup chopped Sweet Onion
½ cup chopped Red, Yellow, or Orange Peppers
2 tsp minced, Garlic
a dash of Black Pepper
¼ cup chopped Fresh Basil
2 cups Bottled or Canned Marinara Sauce
¼ cup Red Wine of choice such as Merlot (optional)

Add Olive Oil, to a medium nonstick saucepan over medium-high heat, once oil is hot add onion and bell pepper and saute until soft (about 4 mins)

Reduce heat to low stir in Garlic and Black Pepper and cook about 1 min. longer until Garlic begins to foam.

Stir in the Fresh Basil, Marinara, and Wine (if using), and simmer until the sauce is good and hot (about a min or 2 longer) Serve with cooked pasta, chicken, fish, etc.

Per Serving: 132 calories, 3g Pro-

tein, 17g Carb, 6g Fat, 0.9g Sat Fat, 3.8g Monounsaturated Fat, 1.4g Polyunsaturated Fat, 0mg Cholesterol, 3g Fiber, about 500mg Sodium (depending on what marinara sauce using) calories from fat 41%

Restaurant Style Salsa

Servings: 12 Prep Time: 10 mins
Difficulty: Easy

1 can (28oz) Whole Tomatoes with juice
2 cans (10oz) Rotel (diced tomatoes and green chilies)
¼ cup chopped Onion
1 clove Garlic, minced
1 whole Jalapeno, quartered and sliced thin
¼ tsp Agave Nectar, Sugar or Splenda
¼ tsp Salt
¼ tsp Ground Cumin
½ cup Cilantro (can use more if desired)
Juice from ½ of a large lime (can use more if desired)

Combine whole tomatoes, Rotel, Onion, Jalapeno, Garlic, Agave/Sugar/Sweetener (which ever one using), Salt, Cumin, Lime Juice, and Cilantro in a blender or food processor.

Pulse until you get the salsa to the consistency you would like, I do about 8-10 pulses.

Test seasonings and adjust as needed-remember keep in mind if your serving with tortilla chips the chips already have salt so adjust the salt accordingly

Refrigerate Salsa for at least 1 hour and serve with tortilla chips or cheese nachos

NOTE: Recommend using a 12 cup blender or food processor or process the ingredients in small batches then mix everything together in a large mixing bowl.

Helping The Homeless



I would like to show people that kids do care and have good hearts. My Grandson George has a kind heart and a compassionate heart. His school (Propel Hazelwood) was selling hoagies, he sold many hoagies but some people ordered the hoagies but donated them back to the George for him to do what he seen fit. This 9 year old child decided he was going to donate the

hoagies to the homeless, and he chose the Veterans Shelter on Washington Blvd, with the help of his family he delivered 9 hoagies, bottled water and chips, they were extremely grateful and were amazed that a child would want to take the time and do this.

We are so proud of him, but not surprised because he has that kind of heart. At Christmas time, he wants to host a family to buy a few presents for and make sure they have a nice Christmas. His mom and dad - Heather and George Perris, sister Jordyn Perris and his grandparents Jack and Sandy Roberts and Donna Perris, could not be more proud of this kid. He would also like to thank Tara Terlecki and all who helped with making this happen. His pap Jack is a Vietnam Vet and could not be prouder of George. We just wanted people to know that kids do think of others.

Sandy Roberts, Proud Gramma

Accessibility in Hazelwood: a possible solution in ALMONO?

By Bruce Chan

In transportation, accessibility refers to the ease of reaching destinations. The more limited the accessibility, the more expensive and time consuming it is to access employment centers, schools, or shopping districts.

Compared to other parts of the Pittsburgh, it is clear that accessibility in Hazelwood is an issue for a couple of reasons.

First, accessibility out of Hazelwood is limited and inadequate, with Irvine Street and 2nd Avenue becoming the de facto main thoroughfare in and out of town. Extreme congestion during rush hour or high speeds during nontraffic times characterize the street, and pedestrian accommodations such as safe sidewalks aren't any better.

Second, Hazelwood is poorly served by public transit. There are only 2 direct bus routes to Downtown (the 56 and 57), and going to other parts of the city requires transfers or circuitous routes. This lack of accessibility in Hazelwood is not a new problem. The presence of groups that have stepped up to fill the demand show us that this is an ongoing issue.

For example, jitney services,

although illegal, are thriving in neighborhoods without supermarkets and communities of color.

After Hazelwood's only market closed in 2009, Fishes & Loaves, in recognizing the lack of fresh healthy food in the community and the high cost of transportation, have run a successful buying club since 2011.

Fortunately, Hazelwood has a potential solution to improving accessibility: the ALMONO site. The development has the opportunity to not only bring services closer to Hazelwood, but also better connect to employment centers such as Downtown and the South Side.

One of these existing connections is the Eliza Furnace trail of the Three Rivers Heritage trail, which the city has invested in in the past few years. However, that direct link to Downtown stops short of Hazelwood but this wasn't always the case. Longtime residents will remember that up until 2013, Hazelwood was linked to the Three Rivers Heritage Trail through the ALMONO site between Hazelwood Avenue and the Hot Metal Bridge. The trail has since been temporarily closed for construction.

At the same time, bicycling for transportation in the city of Pittsburgh has received attention and grant money in recent years. Bike commuting has doubled since 2007, and the city's own Bike Share program launched in April. In this changing environment, the URA has requested \$1.7M for bicycle infrastructure for ALMONO, a bold request.

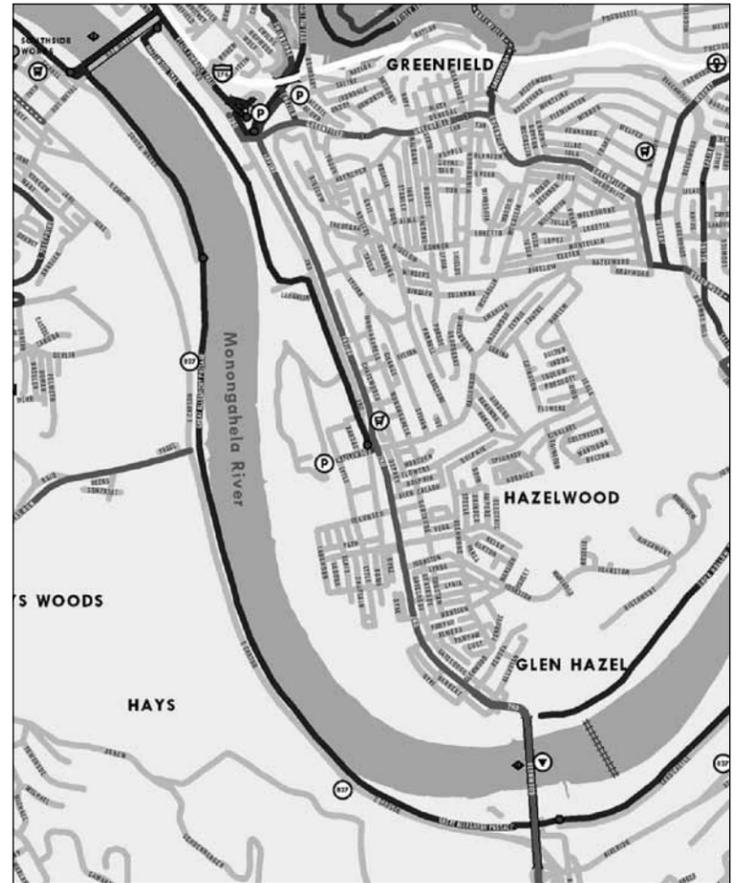
Is it out of the question, then, to view bicycling as a viable part of Hazelwood's accessibility solution in the near future? Students at CMU's School of Architecture are asking if a bicycle centered workshop can bring larger advocacy change for accessibility in Hazelwood.

Tentative planned workshops for children and adults would include mapreading classes, safety lessons, and a fixit session for small repairs. The goal of the workshops is not to convert everyone to bicycle commuting. Rather, it is to show that bicycles, along with public transit and cars, are equally important options when considering accessibility.

Hopefully, these workshops will bring attention to the disproportionate lack of infrastructure in Hazelwood, and spur further dialog for equitable investment in Hazelwood. And with the unprecedented atten-

tion and resources being poured into ALMONO in the very near future, Hazelwood residents and businesses are in the best posi-

tion they have ever been to bring a transformative solution to their neighborhood's lack of accessibility.



Pittsburgh Bike Map from BikePGH. Gray signifies Cautionary Bike Route, Black signifies Bike Trail.

Fleming - Continued from Page 1

Mifflin, was so excited about being honored in this fashion. He went out and bought a new suit so he'd look his best.

He joined other former minor league standouts from Pennsylvania and Ohio to be inducted into this sports hall of fame. A plaque with his likeness will be on display every day henceforth at the Heinz History Center. None of the other honorees enjoyed the extensive pro career he had in Canada. Hamilton has long been known as "the Pittsburgh of Canada" because it, too, had a strong steel-making industry.

"I'm so proud to be honored like this," said Fleming, "and to do so in front of my family, my children and grandchildren, and my friends."

Fleming had the strongest turnout of supporters of any of the honorees last weekend when 68 others were in his party. Most of the other men who were honored had twelve or ten family and friends on hand for the program at the Heinz History Center and the follow-up luncheon at the Rivers Casino on the North Shore.

Fleming was a star running back for the Pittsburgh Valley Ironmen in 1963 and 1964, when I served as the team's publicist while I was still a student at the University of Pittsburgh. That team was coached by Dick Bowen of White Oak, and they played at Bowen's old stomping grounds, Duquesne High School Field.

Fleming had tryouts with both the Pittsburgh Steelers and the New York Jets and was on the practice squad for short periods with both pro teams. He should have made the Steelers and the Jets. He palled

around with Paul Marth during his stay with the Steelers and Joe Namath during his time with the Jets. Both of those All-America No. 1 draft choices have said that Fleming was good enough to make the team.

I had occasion to interview Joe Namath recently for a book I am writing, and I mentioned Dave Fleming to him. "He could play," said Namath. "We had some fun together."

On one occasion, Namath and Fleming went together to the World's Fair that was being held in New York in the mid-60s. Rather than pay admission, they ran in tandem and hurdled the turnstiles and went into the Fair. Namath was the highest paid pro football player at the time, but he was still a kid from Beaver Falls, full of fun and mischief.

Fleming hadn't gone to college, however, and pro teams worried that his lack of experience would limit his contribution. He had been a star at a newly-formed Gladstone High School in Hazelwood. He grew up a block away from Burgwin Grade School.

He later played midget football in Pittsburgh sandlot leagues at Burgwin Field. We were teammates on a football team called the Hazelwood Steelers. He later coached an older team by that same name as well as the Pittsburgh Colts.

Martha told me that Fleming was an outstanding coach and really knew his football. "Rooster" also gained fame for some of his off-the-field shenanigans, but he has matured. A serious of health challenges will slow down even the strongest of athletes.

Jack Munsie, a former law enforcement officer from West Mifflin, accompanied Fleming to the Heinz History Center. Munsie is a former Allegheny County police officer and then a supervisor at the Federal Court in Downtown Pittsburgh. They have been life-long friends. When we were teenagers, Munsie used to book basketball games for us at gyms and recreation centers all around Pittsburgh. I know my way around all the neighborhoods of our city and I often credit Jack Munsie for showing me the way.

Munsie is also besieged with health problems, and he didn't feel so hot last Saturday morning, but he wouldn't have missed his friend's big day if he had to travel to The Strip in an ambulance. "I'm going to get better," Munsie told me more than once. He was cheered by the occasion. I am hoping he and Fleming both have full recoveries soon.

Fleming and Munsie were seated among some of the outstanding high school football coaches in Western Pennsylvania.

They included Don Yannessa, who coached at Aliquippa, Baldwin and Ambridge with distinction, Art Bernardi of Butler High, Chuck Klausung of Braddock High, Pat Tarquinio of Beaver High and Hopewell High. They all won WPIAL titles through the years. I had the honor of introducing them for their awards.

Some other great high school coaches were in the audience, including Rich Niedbala of Western Beaver, Karl Florie of Elwood City and Riverside, and Pete Antimarino of Gateway High School. They also won WPIAL championships.

Klausung was inducted into the Hall of Fame and was also honored with The Ironman Award. He was introduced by his friend,

Bill Priatko of North Huntingdon. Priatko played football at North Braddock Scott and that school was an often-bitter rival of Braddock High School yet he and Klausung remained close through the years.

Priatko praised Klausung for his outstanding record on the high school and college coaching level, but most of all for being a great family man, a humble individual, and someone who touched a lot of young lives in a positive manner.

There were over 250 people present for the ceremonies. One of them was a surprise visitor. Francis "Monk" Bonasorte, who played for Fleming's semi-pro teams, came all the way from Florida to honor his friend. He said Fleming helped him get to Florida State in the first place, where he was an All-American defensive back.

Mike McCarthy, the head coach of the Green Bay Packers, was also honored at the event, even though he was unable to be present because he had to preside over team meetings to prepare for the upcoming college draft.

McCarthy came from Greenfield and he still sends monetary gifts to the community to support sports programs in his

hometown. He told Tom Averell, the director of the Minor Pro Football Hall of Fame that Fleming was the first adult figure, as a coach, to have a positive impact on him.

"That's an unreal tribute," said another speaker and honoree, U.S. Representative (Republican) Mike Kelly from Butler, who was coached by Art Bernardi in high school, and joined teammate Terry Hanratty in being coached by Ara Parseghian at Notre Dame. "Imagine having the head coach of the Green Bay Packers credit you in such a way."

It was that kind of day at the Heinz History Center. "It was Pittsburgh sports at its roots," said my friend Tom McGuire. "You learn to appreciate the kind of people who accomplished great things in sports around here."

McGuire, Art Humphreys, Ed Lyness and Tom Atkins were all attending their first Minor Pro Football Hall of Fame induction and luncheon and they all agreed it was great fun. They also won \$6 to \$12 at the casino with the \$10 free play coupon they were given as part of the luncheon package.

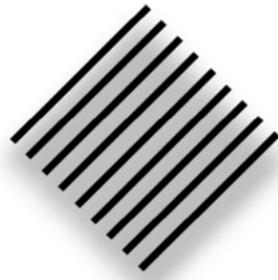
"It was a salute to greatness in minor football leagues, and to all those unselfish high school coaches," allowed Lyness. "I felt honored to be there."



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