

# The Homepage

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## Rev. Tim Smith Receives Neighborhood Leader Award



L to R: Corey O'Connor, Aggie Brose-past President of PCRG, Tim Smith, Ernie Hogan-Executive Director of PCRG on the dais at the William Penn Hotel for the PCRG Summit.

### By Corey O'Connor

While we're not going to see the Stanley Cup in Pittsburgh this year, we can all enjoy the Pittsburgh Pirates as they pursue the quest for a World Series Trophy! On the other hand, it has been a busy time for awards programs and recognition events for community leaders, cultural icons and local athletes.

One of these leaders is Hazelwood's own Reverend Tim Smith, the 2014 recipient of The Pittsburgh Community Reinvestment Group's Neighborhood Leader Award. He is Pastor of the Keystone Church and Executive Director of the Center of Life, whose motto -- "Everything is about People" -- exemplifies his dedication to the Hazelwood Community and his life-long devotion to empowering families and youth. Under Tim's leadership, The Center of Life was awarded a three-year \$1.35

million grant from The Heinz Endowments to expand successful programs that reach youth and families through the arts, education and athletics. Among his many significant accomplishments is the pivotal role he played in the development of the Greater Hazelwood Community Collaborative and his stint chairing the Hazelwood Initiative. In his more than 25-year career, he has always been faithful to his mission of investing in the future of Hazelwood.

The Clean Pittsburgh Commission honored Boris Weinstein for his lifetime of service to the City of Pittsburgh and keeping it clean through his Citizens Against Litter grassroots litter prevention programs. After retirement, Boris created a second career that utilized his extensive experiences in advertising and TV to deal specifically with litter. He started his ambitious initiative in

his own Shadyside neighborhood by dividing it into 17 zones and creating a program that could and has been replicated countless times. He recently received national recognition as recipient of the Iron Eyes Cody Award during Keep America Beautiful's National Conference. Boris literally personifies CPC's mission to improve the environmental quality of life of Pittsburgh residents through litter and illegal dumping prevention, clean-up and enforcement.

Our office presented a variety of proclamations to individuals, organizations, and athletic teams to recognize their contributions and talents. We congratulated Rich Engler who was inducted as the first

member of the Pittsburgh Rock 'N Hall of Fame and cheered the 2014 Alderdice Dragons who won the City League Boys Basketball Championship. We heralded the renowned artist Robert L. Qualters Jr. for his life's work and recognized the 2014 Inductees into the Jewish Sports Hall of Fame.

Space precludes me from highlighting hundreds of other outstanding and dedicated volunteers who are so worthy of recognition for their many contributions to our neighborhoods, our city and our region. I offer a sincere thank you to all the unsung volunteers who do so much to make Pittsburgh a special place.

### Rev. Tim Smith's Achievements As Listed In The Awards Banquet Program

Tim Smith has devoted his life to empowering families and youth; having spent over 25 years working with children and teens all over Pittsburgh. Tim is the Executive Director of Center of Life (COL) and pastor of the Keystone Church of Hazelwood. He is faithful to his mission of investing in the Hazelwood community's future; the neighborhood's adolescence. Under Tim's leadership, The Center of Life offers afterschool programs to at-risk youth in Hazelwood while mentoring them to become productive residents of the community.

COL's award-winning youth jazz band has earned the recognition as a place for young people to engage in expressive traditional jazz. The KRUNK Movement offers a student-lead music and health initiative using the elements of jazz, hip-hop, dance, recording, and visual arts to

communicate positive messages about mental and physical health to pre-teens and teens. Through the COL's basketball program, elementary and high school students are provided with encouraging adult relationships to reassure their success.

Tim has volunteered his leadership as a past chairperson of the Hazelwood Initiative and is instrumental in the development of the Greater Hazelwood Community Collaborative. He embodies a strong leader; he has respect for everyone, carries a genuine understanding and compassion towards others, and is always making room at the table for those who are marginalized. The Center of Life's motto "Everything is about People" exemplifies Tim Smith's dedication to the Hazelwood Community.

## Hazelwood Initiative Closes On Purchase Of Burgwin School

HAZELWOOD, MAY 19 – Hazelwood Initiative executive director, Jim Richter, today announced that his agency completed the purchase of the former Burgwin School. "All of the closing documents were signed, sealed, and delivered by 1:45 pm. It went like clockwork," Richter stated.

For over five years Hazelwood Initiative and other community partners have worked to secure Burgwin School for reuse as a charter, most recently centered on Propel Schools. In 2011, the Duquesne/Hazelwood Partnership spearheaded by Rev. Tim Smith, executive director of Center of Life, brought the community and Propel together. "We immediately invited Propel Schools into our community because of their sincerity and their Promising Principles," Rev. Smith reported. Those principles include Agile Instruction, Embedded Support, Culture of Dignity, Fully Valued Arts

Program, Vibrant Teaching Communities, and Quest for Excellence.

After wide-spread community organizing efforts, Propel applied to the district for a charter in Hazelwood. Since the school board neither approved nor denied the charter application, an appeal went to the Commonwealth's Charter School Appeal Board ("CAB") for review. In October 2013, the CAB awarded the charter based on the merit of Propel's application.

With the granting of the charter, Propel and the community set out to secure a suitable site for the school. And what could be more obvious than Burgwin. "I keep going back to the development adage, 'The highest, best reuse of a school is a school,'" Richter said. Built in 1937, the 62,175 square foot building sits on 2.7 acres atop Mansion Street in the heart of Glenwood. Added to

the ongoing renovation of the Burgwin recreation building and the future water spray park, the location is a touchstone of redevelopment efforts for the neighborhood.

Hazelwood Initiative sprang into action submitting a Buyers' Prequalification and an offer letter to purchase the school at full price, \$475,000. The offer was made through Fourth River Development, the real estate broker for the school district.

While Fourth River and school administrators evaluated Hazelwood Initiative's offer, the community stated its case to then school board director, Theresa Colaizzi. After several in-depth meetings, Ms. Colaizzi rallied to our cause and in November 2013 introduced a resolution to sell the school to Hazelwood Initiative. Although that resolution was met with opposition by the school board, community members were not de-

terred. We were most appreciative of Theresa's efforts in her last days on the board.

Enter a new board and the efforts by Terry Kennedy to champion the community's cause. Ms. Kennedy championed the sale based on a thorough analysis based on financial, enrollment, and other factors along with overwhelming advocacy by the Hazelwood community. School administrators also recommended sale of the school. On March 26, on the third attempt, Ms. Kennedy introduced a resolution approving "the sale of Burgwin School to Hazelwood Initiative, Inc. for the offered amount of \$475,000 which amount exceeds the amount opined as the market value by all appraisals obtained by the District." When the vote was taken, the Board approved the sale by a mar-

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# The Homepage

HAZELWOOD • GREENFIELD • 31st WARD

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## Hazelwood Initiative, Inc.

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The Homepage encourages all residents of Greenfield, Greater Hazelwood, Hays, New Homestead, and Lincoln Place along with those who have an interest in those communities to express their opinions on local, regional, state, and national issues.

The Homepage reserves the right to decide what content is appropriate for publication and may edit submissions for length or form. The opinions expressed, whether by paid advertisement or editorial content do not necessarily reflect the views of this newspaper, not those of the Hazelwood Initiative, Inc., the Greenfield Community Association, nor the 31st Ward Democratic Club.

Email your letters to hazelwoodeditor@yahoo.com.



## Our Mission Statement

The mission of Hazelwood Initiative, as a community-based community development corporation, is to be neighborhood-driven, providing a shared stronger voice for Greater Hazelwood, by gathering community input to build a sense of hope, harmony and promise, and by supporting human, spiritual and community development.

## Hazelwood Initiative General Membership And Community Forum Minutes

The meeting was called to order at 6:40 PM on May 13, 2014. Visitors were acknowledged, and the Mission Statement was read.

**Minutes of April 2014 Meeting:** Bob Vavro made the motion to accept minutes. Jim McLaughlin seconded. All in favor.

**Finance Report:** (Jim Richter for Chuck Christen) HI Audit coming up in May/June 2014; Jim McLaughlin moved, Elaine Price seconded. All in favor.

**Executive Director Report:** (Jim Richter and guests): Burgwin school sale to HI is doing well, closing will be Monday, May 19th.

**Recycling Facility:** GGMJS now owns, Bankruptcy cleared yesterday, Tom Atomak (DEP 1) will have authority to process loose material, baled already inside, 2) ACHD – rodents, baiting trapping, Audubon – Jim Bonner also gearing to protect eagles and eaglets (as well as other local pets that might feed on the rodents).

**Q:** Will you reopen after clean-up?

**A:** Yes. There is a vested interest to reopen. Teran-D-3 is the bait from ACHD (there are MSDS sheets).

**Q:** Will you hire locally?

**A:** Four reported to work on May 13 (former employees), then will staff for permanent. *The Homepage* will publish when jobs are available.

**Q:** Will jobseekers be able to be in contact with staffing agency?

**A:** Probably in a week to 10 days. Equipment is currently being evaluated by those who were formerly operating it.

**Statement:** We will be watching you so that there is no repeat!

**Q:** Is the equipment up to date?

**A:** Found that there is new single stream equipment.

**Q:** Will there better treatment of employees?

**A:** Yes, we hope to improve overall quality of the facility.

## Committee Reports

**Facilities:** Bob Vavro – graffiti busters cleaned up everything.

**Planning:** Kris DiPietro - May 21, 6:30 PM at Car barn, strategies for the zones for development in those zones as per Matt Smut/PCRG.

**Board:** Dianne Shenk – Visioning projects with Michael Kumer - where visioning can involve others of HI or community, consent agenda has been moved to the end of meeting, resource person to articulate visioning, how best to reorganize committee structure, and several Board members will be attending the PCRG Summit.

**Membership :** Sherry Hoover – bring a buddy next meeting.

## Guest Speakers

**Telesis.** Reshma Hollis, Georgia Abraham. 1) women owned company, 25 years, based in DC, 2) for profit, commercial and civic uses, public and private resources, 3) commitment to quality design – should not be able to distinguish type of housing, 4) need to involve the community. Old housing and 2nd Avenue,

**Q:** What are plans on 2nd Avenue?

**A:** URA-Spahr and 4800 block.

**Q:** One of many meetings?

**A:** Yes.

**Q:** Is Telesis primarily development, not management?

**A:** Yes.

**Guy Costa, COO.** (with *Larinda Leonard and Lex*) Burgwin - lights replacement, spray park - hope to open it by Summer's end; police are working on identifying graffiti tags; Lex - 5/17 yard debris pickup, paper bags.

**Q:** Will there be asphaltting below tracks?

**A:** Not enough funding right now.

**Q:** Where can tires be disposed?

**A:** Still at DPW sub-station behind Car barn.

**Q:** What if City employees also report issues around the communities that they work in rather than just the residents 3-1-1 calls?

**A:** It's a possibility.

**Q:** How is personal trash in our neighborhood cans being addressed?

**A:** May get employees to monitor trash.

**Q/Statement:** Below the tracks, residents have called 3-1-1 on large potholes in street. No one has done anything.

**A:** Jeff Cook is our contact.

**Corey O'Connor.** Thank you , community for support at the Recycling Plant Rally.

**Terry Kennedy** was thanked publicly for her diligence and part in the Burgwin School sale occurring.

## Announcements

- July General Meeting will be at the Firefighters Union Hall with a focus on Fire Safety.

- Pittsburgh Police Review Board will be in Hazelwood - May 27 at St. Stephen's Hall.

- Health Equity – volunteers about breast health and into jails to talk to incarcerated women.

- The United Clergy of Hazelwood are hosting a Summer Lifeskills Institute for all ages, June 24th – July 31st.

Chair Deloris Livsey called for adjournment of the meeting. Jim McLaughlin made the motion, Bob Vavro seconded. All in favor.

Meeting adjourned at 7:58 PM.

Respectfully submitted,  
Rev. Leslie Y. Boone  
HI Board Secretary

## Burgwin School Purchase - Continued from Page 1

gin of 8 to 1. Our long quest was achieved.

Propel's plan calls for the school opening on August 18 with 200 students in K-4 and growing to K-8. Hazelwood Initiative will lease the school to Propel for a five-year term with an option for an additional five years.

Propel has been enrolling pro-

spective students from Hazelwood for almost four months. They also hired their new principal, LaKiesha George who relocated from the Bronx, New York. Eric Ewell, Propel's Hazelwood liaison, continues to take enrollment applications and can be reached at 412-584-8041 or by going to Propel's web site at [www.propelschools.org](http://www.propelschools.org).

All in the community, at the Hazelwood Initiative, and at Propel are extremely excited, and we particularly want to thank School Director Terry Kennedy for her hard work in getting the sale authorized. This important action signals the start of reinvestment in the education of Hazelwood's children.

## A Community Invitation to the Hazelwood Initiative Community Forum Meeting

Tuesday, July 8, 2014 • 6:30 PM

Fire Fighters Local Union Hall • 120 Flowers Avenue

## FIRE SAFETY

Hosted by the Pittsburgh Fire Fighters IAFF Local No. 1

\*\*\* NOTE CHANGE OF LOCATION! \*\*\*

Please join us for this informative session

**MAY ISSUE DEADLINE:**

**June 13, 2014**

# What's Up?

**Community Notices for Greenfield, Hays, Hazelwood, New Homestead and Lincoln Place**

## Local Churches

- St. Stephen Parish**  
5115 Second Avenue  
Rev. Vincent Stegman  
412-421-9210
- Church of the Good Shepherd Episcopal**  
2nd & Johnston Avenues  
Rev. Huett Fleming  
412-421-8497
- Keystone Church of Hazelwood**  
161 Hazelwood Avenue  
Rev. Tim Smith  
412-521-3468
- First Hungarian Reformed Church of Pittsburgh**  
221 Johnston Avenue  
Rev. Ilona Komjathy  
412-421-0279
- St. Paul's Lutheran Church**  
5319 Second Avenue  
Rev. Brian Evans  
412-521-0844
- Hazlewood Christian Church**  
118 Glen Caladh Street  
Rev. Scott Stine  
412-421-9908
- Morningstar Baptist Church**  
5524 Second Avenue  
Rev. Malachi Smith  
412-421-6269
- St. John The Evangelist Baptist**  
4537 Chatsworth Avenue  
Rev. Alvin Coon  
412-521-0994
- Greater Pittsburgh Fountain of Life**  
247 Johnston Avenue  
Bishop Gerald Loyd  
412-422-8794
- Oasis Ministries, Inc.**  
4944 Second Avenue  
Elder Ray Lankford  
412-422-2588
- St. John Chrysostom Byzantine Rite Church**  
506 Saline Street  
412-421-0243
- St. Rosalia's Catholic Church**  
411 Greenfield Avenue  
Rev. Joseph Reschick  
412-421-5766
- Squirrel Hill Christian Church**  
290 Bigelow Street  
412-521-2447
- Holy Angels Parish**  
408 Baldwin Road  
Rev. Robert J. Ahlin  
412-461-6906
- Hays United Methodist Church**  
1174 Mifflin Road  
Rev. Don Blinn, Jr.  
412-951-2069
- Praise Temple Church**  
5400 Glenwood Avenue  
Dennis & Katherine Currie,  
Pastors  
412-422-2777
- Mary S. Brown – Ames United Methodist Church**  
3424 Beechwood Blvd.  
Pittsburgh, PA 15217  
412.-421-4331
- Greenfield Presbyterian Church**  
3939 Coleman Street  
412-521-4226

### Greenfield Presbyterian Church

3929 Coleman St.  
412-521-4226

Sunday Service - 11AM  
greenfieldpc@gmail.com  
<http://bit.ly/GreenfieldPresby>  
<http://bit.ly/CCH-Greenfield>

\*\*\*\*

### Oasis Ministries

**Activities and Worship Schedule**  
Tuesday - Prayer: 7:00 to 8:00 PM  
Wednesday - Fine Arts: 7:00 to 9:00 PM  
Thursday - Bible Study: 7:00 to 8:00 PM

All above held at

**Oasis Ministries, 4944 2nd Avenue**

#### Sunday Morning Worship

11:00 AM at the Hazelwood YMCA,  
4713 Chatsworth Street

Call 412-422-2588 for more information  
Pastors Ray & Kim Lankford

\*\*\*\*

### Mary S. Brown–Ames United Methodist Church

3424 Beechwood Blvd.  
Pittsburgh, PA 15217

Jeffrey Lukacs, Pastor

*"The church with the bright red fence"*

Sunday Service 10:30 AM  
Bible Study every Tuesday: 7:30pm  
Parsonage Home behind church building  
(Saline Street entrance)



*Bringing new life to all walks of life*

**1120 Greenfield Avenue  
Pittsburgh, PA 15217  
(412) 421-7101 Office**

Pastor Mark K. Richardson  
E-mail: [newlifechurchofgod@verizon.net](mailto:newlifechurchofgod@verizon.net)  
Web: [www.nlcogpgh.com](http://www.nlcogpgh.com)

**WEEKLY SCHEDULE**

EPICS Classes ..... Sunday, 9:00 AM-10:00 AM  
Sunday Service ..... Sunday, 10:30 AM  
Noonday  
Prayer Meeting ..... Wednesday, 12:00-1:00 PM  
Celebrate Recovery ..... Friday, 7:00 PM

**For New Believers and those who want a tune-up:**



**Next Step Discipleship**  
"Giving Direction To New Believers"  
[www.nextstepdiscipleship.org](http://www.nextstepdiscipleship.org)  
Text: NEXT To: 96362

### Hazelwood YMCA Programs:

**After School Care** - with extended hours. For more information, please contact Kirsten Raglin at (412) 773-7314.

**SilverSneakers Program** - A low intensity exercise program designed for senior citizens. The program is year round Wednesdays at 11:00 AM and Fridays at 10:00 AM. The instructor is Kristin Ward. For more information, call Kirsten Raglin at (412) 773-7314.

**Congregate Feeding** - Everyday, 12-12:30 PM. except holidays and weekends.

**Food Bank** - The Food Pantry is a need-based program for low-income families. The third Thursday of every month from 10:00 AM - 12:00 PM. Located at the Hazelwood YMCA, 4713 Chatsworth Ave. Please bring proof of income, address and ID.

**Building Bridges Campaign** - Scholarships available We accept all government subsidies. For information, contact the YMCA at 412.773-7314.

\*\*\*\*

### St. John the Evangelist Baptist Church

4537 Chatsworth Avenue  
Hazelwood

Annual Women's and Men's Day  
Sunday May 25, 2014  
Women's Service 11:00 AM-1:00 PM  
Men's service at 3:30p the same day

\*\*\*\*

### "Just For Today" Nar-Anon Meeting

For family and friends whose loved ones suffer from Drug Addiction. Wednesdays at 7:00 PM, First Hungarian Reformed Church, Calvin Hall. Contact Cindy 412-421-7076.

\*\*\*\*

### Because He Loves Me Kingdom Adult/Youth Community Bible Study

June 27, 2014 • 6:30 PM

*"Come Out, Come Out, From Wherever You Are"*

Prophetess Dora Powell  
4708 Sylvan Avenue  
Hazelwood Pa 15207  
412-586-7165

WHERE JESUS IS LORD!  
GOD BLESS YOU

### Let Us Know What's Up!

Contact us with information about your community group, church, friends and neighbors, birth announcements, graduations, and other neighborhood news.

The Homepage  
5344 Second Ave.  
Pittsburgh, PA 15207  
[hazelwoodeditor@yahoo.com](mailto:hazelwoodeditor@yahoo.com)

### St. Stephen Parish

**Parish Office Hours**  
9:00 AM to 2:00 PM PM  
Monday thru Thursday  
Closed Friday  
Phone: (412) 421-9210

**Religious Education Office**  
Sunday ONLY  
Phone: (412) 421-4748

**Weekday Masses**  
7:30 AM - Monday, Tuesday, Thursday, and Friday  
Noon - Wednesday  
8:00 AM & 4:00 PM – Saturday

**Sunday Masses**  
8:00 AM and 11:00 AM

**Confession**  
3:45 PM Saturday (before 4 PM Mass)

\*\*\*\*

### Hazelwood Christian Church

*Committed to God's Word in Christ, and God's Word in Scripture*

118 Glen Caladh Street  
412-421-9908

Rev. Scott Stine, Pastor

**Service Schedule**  
Sunday School - 9:00 AM  
Worship - 10:00 AM  
Wednesday Night Bible Study  
7:00 PM

Visit our Website:  
[www.hccpittsburgh.com](http://www.hccpittsburgh.com)



## The Church of the Good Shepherd

Second & Johnston Avenues

**Principal Service  
Sundays 10:00 AM**

Children's Sunday School  
10:00 AM  
Healing Service-Monthly  
Bible Study-Weekly

*A church of the  
Anglican Communion*

# Redd Up, Clean Up, Go!

By Jourdan Hicks

This month I get to play reporter. A number of weeks back, I decided to take my own advice and participate in a community event. On Saturday April the 26th, two groups invested in refreshing and revitalizing our area did their part and cleaned up Hazelwood. On Second Avenue, between Dimperios Market and the new library construction site, Action Housing and residents planted a few trees.

Here's some fun facts for you. Planting trees are a great way to clean the air, save water, and provide oxygen. Studies have shown that in one year an acre of mature trees can provide enough oxygen for 18 people. How many trees do you think are in Hazelwood? 200? 500? 1000 trees? Trees also can absorb odors and pollutant gases

(nitrogen oxides, ammonia, sulfur dioxide and ozone) and filter particulates out of the air by trapping them on their leaves and bark. With the hundreds of cars riding Second Avenue daily, this is a step in the right direction in terms of air quality and pollution. I know some of you remember how terrible the air quality was when the steel mill was open. Finally, shade from trees slows water evaporation from thirsty lawns. Most newly planted trees only need fifteen gallons of water per week. Trees also add additional moisture to the air.

At the Hazelwood Initiative, a few of us prepared to be assigned streets for Clean Up Hazelwood Day. This was all happening with the necessary clean up day gear, along with donuts, coffee, water, and pastries. Looking back, this was definitely the only way to kick things off. My team and I

were assigned to Orinoco Street. The group was comprised of myself, a student from the Hazelwood Food Documentary, Rionna Felder, residents of Orinoco Street, and a local fireman. I had not a clue of what I was in for. We spent north of an hour, maybe ninety minutes picking up debris. Have you ever discarded of an electronic device outdoors? I haven't, although I'm sure that someone has. I know this because we collected, batteries, hand-held devices like Game Boys, a floor model television, silverware, and countless potato chip bags. The trash was embedded in all of the soil and foliage of Orinoco Street. At a certain point, all of the garbage, waste, and muck really started to grind my gears. Who was to blame for this careless behavior? Of course I could round off a few names of people I know are avid litterbugs. [creates mental list] I'm sure you can too.

The next time you see trash of any kind lying about the streets, please do yourself

and your community a favor. Pick it up and throw it in the nearest trash can. And to those who think delicately placing your pop bottles upright on the ground makes your littering more acceptable. It doesn't. Truth is its going to end up one of three places. They'll be along the side of the streets after being run over by cars. They'll land in the sewers which will eventually disrupt sewage flow. Or finally, they'll end up on the yard of someone you barley even know.

Please remember, its just as bad an offense to step over trash in our neighborhood, as it is to commit the initial crime of littering. I have the great joy of working with some of Hazelwood's youngest and brightest stars. It is a fact, if I ask one of my elementary students to pick up garbage, the next words I'll hear out of their precious mouths are "it's not mine", or "I didn't do it". As a community lets show them how to be responsible and how to take pride in where they live.

The children are watching us...

## The Green Way: Produce

By Jim McCue

A better world than the one that presently exists is possible; in some ways a better one has already existed. As a kid living in Greenfield I remember the produce man coming around in a truck hollering "Fruits and Vegetables!" or "Vegetable man!" or something like that. You could buy groceries fresh picked from farms nearby. Local farms were the only farms you could buy from. Our present system, in which massive amounts of fossil fuels are burned to carry food grown in all parts of the world to be sold in all parts of the world, is based on very poor short-term business strategy. The disruption of the climate is only one part of Earth's ecosystem which is being harmed by our addiction to Big Ag and Big Energy rather than small local food production and distributed power. The pollutants from transportation combustion processes *must* be curtailed, drastically and quickly.

Productive intellectual work in this time of great change includes considering the possible advantages of making changes that actually go back in time to the way some things were done in "the good old days" (not that those days were necessarily all that great as a whole).

The Hazelwood Initiative committee called Small Food Vendors in Hazelwood has the goal of increasing affordable access to healthier food for residents while providing income, training and experience in the food industry. Several committee members are working on plans to start their own small businesses selling fresh unprocessed and/or prepared foods such as soup and sandwiches off of trucks, along with delivering food.

Beginning this summer, fresh locally-grown produce, locally grown herbs (both whole plants in pots and cuttings) and various home-cooked specialties and baked delicacies will be available via outdoor stands on Second Avenue. Loss of funding all over the Pittsburgh area for the farm-stand program is being ameliorated by new creative efforts via the YMCA's garden program and others to take up the slack. Local individuals and groups able to grow and/or prepare healthy foods for local sale will be welcomed. I will be offering cut herbs, potted herb plants, and unusual easy

to grow wild edibles such as purslane and lambs quarters free to try - part of my effort to get more people to recognize how we can all grow at least a little of our own healthy food. Drop off any plant pots at Everyone's Garden at the corner of W. Elizabeth and Lytle Streets to donate to the effort. Our many-years goal of establishing a farmers market in Hazelwood is taking another step forward.

A much better world is possible by playing one's part in the community of life. A re-defining of what it means to be productive is taking place. Right now we only have an ice cream truck that spreads the sweet but short rush of a sugar high to our residents. We can and will do better. Sweet is not the only good taste. In fact, the different kinds of sugars in all fruits and many vegetables, naturally grown, can re-ignite a complexity of food tastes we have forgotten. Sugars are all made by nature, but our refining and concentrating them - throwing out the enzymes, minerals, and vitamins from the sugar cane, sugar beet, and corn plants - is causing much of the poor health we are suffering from.

A new understanding of the need to nourish the community of life at the level of the soil is also yielding a much-needed paradigm shift in our transitioning to a more sustainable world. A garden will not produce a healthy crop of plants for beauty, food, and medicine if the ground is not replenished with organic matter. So we need to set up neighborhood recycling of organic wastes to the soil. The Earth cannot produce if we do not feed it.

**Jim McCue (St. Jim the Composter)**  
Composter and biotech researcher  
412-421-6496

**Follow Jim online at:**

- <http://facebook.com/alllifelover>
- <http://hazelwoodhomepage.org/2/5/2009>
- <http://bioeverything.blogspot.com/2014/01/the-greening-of-hazelwood.html>
- <http://bioeverything.blogspot.com/2014/05/produce.html>
- <http://www.pghcitypaper.com/pittsburgh/power-plants/Content?oid=1341462>
- <http://hazelwoodharvestinc.blogspot.com>
- <http://hazelwoodurbangardens.blogspot.com>

## Support Your Local HAZELWOOD Businesses

- Abriola's Auto Parts** ..... 412-421-8100
- Allegheny Fence**..... 412-421-6005
- Automotive Medic**..... 412-422-2886
- Brad Rosen Landscaping**..... 412-521-4330
- Carpets & Things**..... 412-401-8049
- Central Auto Body**..... 412-421-5640
- Colwell Automotive**..... 412-422-0632
- Corcoran Floors**..... 412-422-5817
- D'Andrea's Italian Deli**..... 412-421-0990
- Elizabeth Pharmacy**..... 412-421-0114
- Elmer Herman Funeral Home** ..... 412-521-2768
- First Niagara Bank**..... 412-422-7420
- Forward Lithography** ..... 412-521-0580
- Freds Automatic Transmission**..... 412-521-8810
- Graphics 22 Signs, Inc.**..... 412-422-1125
- Hableib's Auto Body**..... 412-422-4665
- Hazelwood Family Health Center**..... 412-422-9420
- Italian Village Pizza**..... 412-521-1900
- Jimmy Cohen Plumbing, Heating & Mechanical**..... 412-421-2208
- John D. O'Connor & Son Funeral Home** ..... 412-521-8116
- Josowitz Roofing**..... 412-461-5698
- Jozsa Corner Hungarian Restuarant**..... 412-422-1886
- Kruszka's Auto** .....412-521-8911
- Lytle Cafe** ..... 412-421-4881
- Mo'Naes Hair Studio**..... 412-421-6662
- Rite Aid** ..... 412-421-6948
- Sal's Deli** ..... 412-521-3398
- S&R Mart**..... 412-521-3278
- Super Suds Laundry**
- We Care Chiropractic** ..... 412-521-8890



**Hazelwood Initiative, Inc.'s United Way Contributors Choice Number is 1321468**

# GHDI And HUG News

By Alex J. Bodnar

The spring brought the Annual Saturday Sidewalk Sales sponsored by the GHDI at the AJB Professional Arts Building, at the corner of 4800-4804 2nd Avenue and 108 Hazelwood Avenue. Last year, the HI food group participated in this, along with the 1st Hungarian Reformed Church of North America, Sonya McCarthy, Helena Halla, Bonnie Beggs, AJ Bodnar, Alexis Jessica Bodnar, Bertalan Olah and Julia. The HI group, led by Dianne Shank, varied in attendance, but came by to give it a try. Looking forward to their plans.

We're open the first Saturday of every month, from May to November. The sales run from 10 AM to 5 PM, and setups can start earlier - call to reserve an eight-foot table and 2 chairs. Almost anything can be sold or bartered. Talk to me or leave a message at 412-422-1886.

Our intention is to promote enterprise with low-budget business starters, by promoting from within, to help the community establish more cohesive, family-style involvement, as well as possible cottage industries, particularly the arts and crafts, antiques, foods and gardening, and other creative endeavors.

The two main locations of the HUG gar-

dens are also available on an invitational basis. Both gardens have sets of standing perennials established, and in the next few weeks and months will be planting seeds and seedlings, turning soil, maintenance and possibly choosing other spots to cultivate.

Some of the the benefits of gardening are outdoor exercise, sharing community responsibility, and sharing the harvest and beautifying our open lots.

Jim McCue is the steward of the Lytle and Elizabeth Streets garden. I am the steward of the Flowers Avenue gardens, and Dylan Rook, John Burns, Derek, Erich, Vanessa, La Nea, Atilla and others are occasional volunteers.

So far, Saturday mornings are ideal. Call 412-422-1886, or stop by 4800 2nd Avenue to see me personally fo details!

Also at the Jozsa Corner Restaurant, every second Friday at 7 PM, we conduct by reservation, the Hungarian-Central European artistic and cultural society casual dinners, with sing-alongs, lectures, historical, economic and political discussions, and occasionally instrumentalists playing.

My next report will include photos from last year and some springtime shots from this year.

Thank you, and I look forward to hearing from you.


**R.A.G.S. Block Club**  
**GLENWOOD**  
**COMMUNITY FESTIVAL**  
**June 28, 2014**  
 Fun • Food • Games • See you there!



**HAZELWOOD TOWERS**

111 Tecumseh Street | Pittsburgh, PA 15207

**412-421-2000**

TDD: 1.800.456.5984

Fax: 412.421.8158

**MAXIMUM ALLOWABLE INCOME**

1 person.....	\$23,000
2 person.....	\$26,250

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- Resident Permit Parking
- Elderly Preference
- Active Residents Association
- Public Transportation
- Private Balconies or Patios
- Small Pets Welcome!



**Bill Kulina**  
Property Manager



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As Propel prepares to open our 10th school in 10 years, we'd like YOUR STUDENT to become a part of the inspiration, excitement and academic achievement that we offer.



PROPEL HAZELWOOD HAS OPENINGS AVAILABLE FOR THE 2014-15 SCHOOL YEAR IN GRADES K - 4. Applications are available NOW!

If you're already a part of the Propel family and know of another family who is looking for a tuition-free, high-performing school of choice, please let them know about us!

**For additional information, please call Propel Schools at 412-325-7305 or visit us anytime on the web at [www.propelschools.org](http://www.propelschools.org)**



# LEGISLATIVE UPDATES

## Readshaw Bill Would Create Animal Abuser Registry

HARRISBURG, May 12 – State Rep. Harry Readshaw, D-Allegheny, urges the House Judiciary Committee to consider his House Bill 265, which would create an animal abuser registry.

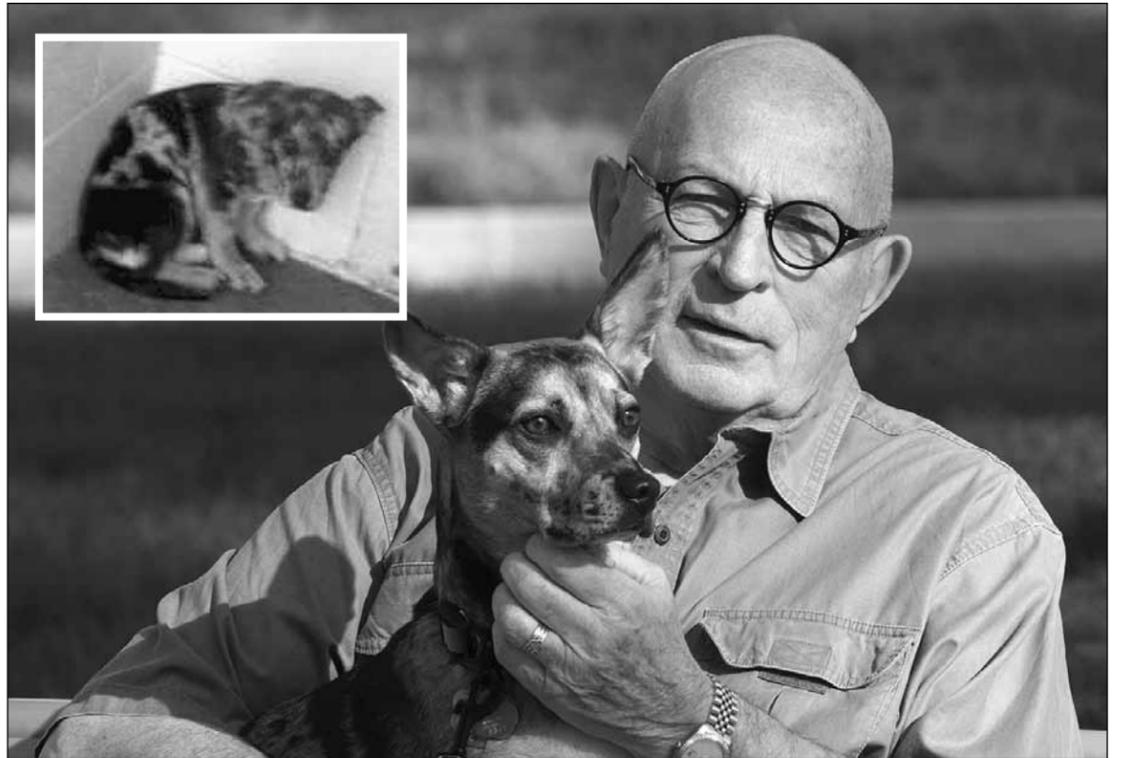
“Buster’s Bill,” named for the rescued dog Readshaw’s family adopted more than 12 years ago, would require animal abusers to register with the county sheriff. Information regarding animal abusers would be available to local residences, schools, humane societies and animal shelters.

The Pennsylvania State Police would also be required to maintain a central registry that would be made public through the Internet, telephone, written access or in person.

“The abuse of helpless animals

is a horrific crime which often results in severe injury or death,” Readshaw said. “The stories of the animal torture that I have heard of are heartbreaking. There are no words to describe what these animals have been forced to endure. In addition, studies have shown that a person that abuses an animal often repeats the action numerous times which then may later escalate to more severe crimes.”

Readshaw recognized the hard work provided by numerous volunteers associated with animal rescues and animal shelters. “This legislation can be an important tool for those offering a pet for adoption to evaluate if the person adopting the pet will make a good owner and reduce the possibility of numerous animals suffering from abuse.”



Rep. Readshaw with Austin, who was rescued and placed in a shelter after he was abused. Inset: Austin in the shelter after his rescue.

## Pennsylvania American Water Launches \$12.5 Million Water Line Upgrade In Pittsburgh Area

Pennsylvania American Water announced today the start of construction to replace more than 11 miles of aging water main in the Pittsburgh area to improve service reliability and improve fire protection for residents. The combined costs of these system improvements are approximately \$12.5 million.

“Pennsylvania American Water will be replacing mains that reached the end of their useful lifespan, which means in some cases that they were installed more than 80 years ago,” said BJ McFaddin, Pennsylvania American Water manager of field operations for Pittsburgh. “We also are replacing pipe that has a history of service disruptions to ensure reliable water service for our customers.”

Construction is scheduled to begin, weather permitting, later this month in the following communities:

### Baldwin Borough

- Brownsville Road
- Curry Road
- McNiely Road
- Siesta Drive

### Baldwin Township

- Hillsdale Street and Middle Road

### Bethel Park

- Anna and Overhill Streets
- Barone Drive
- Elderwood Drive
- Glenrock Drive
- Irigquois Road
- Kennebec Road
- Kings Mill Road
- Linwood Drive
- Milford Drive and Wyncotte Drive
- N Street

### Brentwood

- Beisner Avenue, Koegler Street and Lawnview Avenue
- Greenlee Road and Laveton Avenue
- Olanca Street
- Pentland and Greyson Avenues
- Reagan Avenue

### Bridgeville

- Edna Street
- Ella Street
- Ridge Road

### Carnegie

- Darlington Road
- Dow and Dawson Avenues and Dean Street

### Castle Shannon

- Rosalia and Saxonwald Avenues

### City of Pittsburgh

- Arnold Street (28th Ward)
- Clairtonica Street (28th Ward)
- Fredanna and Placid Streets
- Ledgedale (28th Ward)
- Obey Avenue (28th Ward)
- Nollhill Street (31st Ward)

### Green Tree Borough

- Noblestown Road

### Ingram

- Joel Street

### Mount Lebanon

- Dell Avenue and Meadowcroft Avenue
- McNeilly Road

### Munhall

- Grace Street
- Hickory Way

### Rosslyn Farms

- Edgecliff Road
- Kennebec Road

### Upper St. Clair

- Catalina Drive
- Cremona and Amesbury Drives
- Helena and Holiday Streets
- Martin Street, Texas Avenue and Thomas Street
- Mitchell Drive
- Royanna and Kiefer Drives
- Sun Ridge Drive
- Tilton Drive

### West Mifflin

- Seneca Court
- Third Avenue
- Water and Wood Streets

### Whitehall

- Havenwood Drive
- Leona Drive

Weather permitting; the company expects to complete pipe installation, service connection tie-ins and final paving restoration by the end of 2014.

During construction, custom-

ers might experience temporary service interruptions, discolored water and/or lower than normal water pressure. Crews will work as quickly as possible to shorten the length of these temporary inconveniences. For more information, contact Pennsylvania American Water’s customer service center at 1-800-565-7292.

Pennsylvania American Water, a subsidiary of American Water, is the largest water utility in the state, providing high-quality and reliable water and/or wastewater services to approximately 2.1 million people. Founded in 1886, American Water, with headquarters in Voorhees, N.J., employs approximately 6,600 dedicated professionals who provide drinking water, wastewater and other related services to an estimated 14 million people in more than 40 states and parts of Canada. More information can be found at [www.amwater.com](http://www.amwater.com).

## Senator Jay Costa, Jr.

Offices to serve you in the 43rd District:

Forest Hills: 1501 Ardmore Blvd. (412/241-6690)

Carrick: 2306 Brownsville Rd. (412/884-8308)

Homestead: 314 E. 8th Ave. (412/462-4204)

## Your Local Elected Officials

### Congressman Mike Doyle

14th Congressional District ..... (412) 261-5091

### State Senator Wayne Fontana

42nd District..... (412) 344-2551

### State Representative Dan Frankel

23rd District..... (412) 422-1774

### State Representative Jake Wheatley

19th District..... (412) 471-7760

### State Representative Harry Readshaw

36th District..... (412) 881-4208

### County Executive Rich Fitzgerald

(412) 350-6500

### Mayor Bill Peduto

City of Pittsburgh..... (412) 255-2626

### City Councilman Corey O'Connor

(412) 255-8965

### Barbara Daly Danko

County Council, District 11 ..... (412) 350-6575



## COUNCILMAN Corey O'Connor

Invites you to share your concerns about your neighborhood.

Call 412-255-8965.

Your comments are always welcome.

Visit the website:

<http://www.pittsburghpa.gov/district5/>

## For Our Dad, Thomas (Tom) Smith



By Sandy Roberts

He was a strong, determined man, not only the father of 4 girls, but also adopting seven other children. He was a kind soul, but he could also be a stern soul. His death came as a shock to all of us.

But I guess the Lord decided he needed him more than we did, so he called him home. He survived a heart attack in 2009, colon cancer in 2014, and we thought he could survive anything. But we were wrong.

On April 3rd, as he was saying goodbye to his niece, who was going to her resting

place with the Lord, a stroke hit him with full force. He passed away five days later at Mercy Hospital, where he got the best care possible.

My brothers, sisters and I loved him with all our hearts as did his only living sister, Louise Seaman and his brother, Tom Smith. We mourn him daily, but we know he is in a greater place and for that, we are grateful.

Rest in peace, Dad. We will love you forever.

### *You Are The Keeper Of The Stars*

*A limb has fallen from the family tree  
I hear a voice that whispers,  
'Grieve not for me'*

*Remember the best times, the laughter,  
the songs*

*The good I lived while I was strong  
Continue my heritage, I'm counting on you  
Keep on smiling, the sun will shine through.*

*My mind is at ease, my soul is at rest  
Remembering all...how I was truly blessed*

*Continue traditions, no matter how small  
Go on with your lives, don't stare  
at the wall*

*I miss you all dearly so keep up your chin*

*Until that fine day we're together again.*

*Live, Love.*

## Father Basil Byrne, Former Hazelwood Resident, Dies At Age 93

Father Basil Byrne died peacefully on Friday, May 2, 2014 at St Joseph's Abbey Spencer, Massachusetts. He was born Leo Henry Byrne in 1921 in Washington, PA. His family moved to Everson, Pa and later moved to Hazelwood. The family lived for a while on Kilbourne Street and later resided on Tipton Street. Leo always wanted to join the monastery but delayed his entering due to World War II. His brother, Joe, was serving in the army overseas and his mother asked him to remain at home after the death of his father.

Leo attended St Stephen Parish School and graduated from Central Catholic High School. He entered St Michael's Seminar in Conesus New York run by the Society of the Divine Word. He returned home at his mother's request and became an engineer and information writer at Westinghouse Electric and Manufacturing Company.

In 1946, he entered the Trappist Abbey of Our Lady of the Valley in Valley Falls, Rhode Island from St Stephen's Parish as a the lay brother taking the name Brother Basil. After a fire destroyed that monastery, he moved to St Joseph's Abbey in Spencer, Mass. where he pronounced his solemn vows in 1951. Five years later he was sent to help construct a new monastic foundation in Snowmass, Colorado. He returned to the abbey where he worked on the dairy farm and the machine shop. He also assisted the

Trappistine Nuns at Mount St Mary's Abbey in Wrentham, Mass.

He attended Providence College to prepare for his priestly ordination. He was ordained in 1976 as Father Basil. He worked as an accountant at St Joseph's Abbey Industries that made Trappist Preserves and for The Holy Rood Guild. Over the next twenty years he labored diligently as the abbey's chief librarian.

Father Basil was 66 years in monastic vows and 38 years as a priest. He suffered from severe hearing impairment most of his life but in quiet faithfulness he devoted himself to long hours of prayer and work. Father Basil kept in contact with family and friends through his own designed cards and inspirational messages.

He was preceded in death by his parents Joseph and Mary (Gillespie) and his siblings, Dorothy (Steve) Kovacs, Joseph (Margaret), Lorraine (Edward) Nagorski, Jeanne, and Virginia. He will be missed by his nieces and nephews, Dorothy (Ermand) Buccina, Lorraine (Richard) Conley, Kristina (Carl) DiPietro, Leo (Ginny) Nagorski and James (Mary) Nagorski.

He will be gratefully remembered by his Pittsburgh family and his monastic brothers. A funeral mass was celebrated on May 9 with burial in the abbey cemetery. A remembrance mass will be celebrated at St Stephen Parish Church at a date to be announced.

## Hazelwood Family Health Center

4918 Second Avenue  
Pittsburgh, PA 15207  
412-422-9520

A health center operated by Primary Care Health Services, Inc. providing primary and preventative services to medically underserved individuals regardless of ability to pay.

# 311:FAQ

frequently asked questions

• **Q. What is the 311 Response Line ?**

A. 311 is the City's phone number for government information and non-emergency services. Residents can call regarding any number of issues such as street potholes, abandoned properties, clogged public sewers, housing code violations, deteriorated city steps, playground conditions, etc.

• **Q. Why 311?**

A. 311 allows you to call one easy-to-remember number in government services.

• **Q. How does Pittsburgh's 311 work?**

A. 311 service representatives use a state-of-the-art data base of information and services about City government. 311 works closely with other City agencies to maintain the most current information possible.

• **Q. When is 311 available?**

A. All 311 calls are answered by a live operator from 8:00 a.m. to 4:30 p.m. Monday through Friday.

• **Q. How do I reach Pittsburgh's 311?**

A. In the City of Pittsburgh, dial 3-1-1. Outside of Pittsburgh, call (412) 255-2621. Or use the on-line 311 Form.

## WANTED: WRITERS & STORYTELLERS

If you have ever dreamed of seeing your writing published or if you simply have something you want others to read, give us a call or email us at:

**hazelwoodeditor@yahoo.com**

Who knows, this may be the first step to a serious career in journalism, and it's a great opportunity to have your work published! Please call 412-421-7234 for submission guidelines.

If you don't consider yourself a writer, but still have a story you'd like to share, write the information as best as you can, and send it it. Our editors will help you shape it into a cohesive story.

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John N. Bauer, Funeral Director  
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*We Honor Sauvageot Funeral Home  
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*"Dignified Funerals and Cremations with Care"*

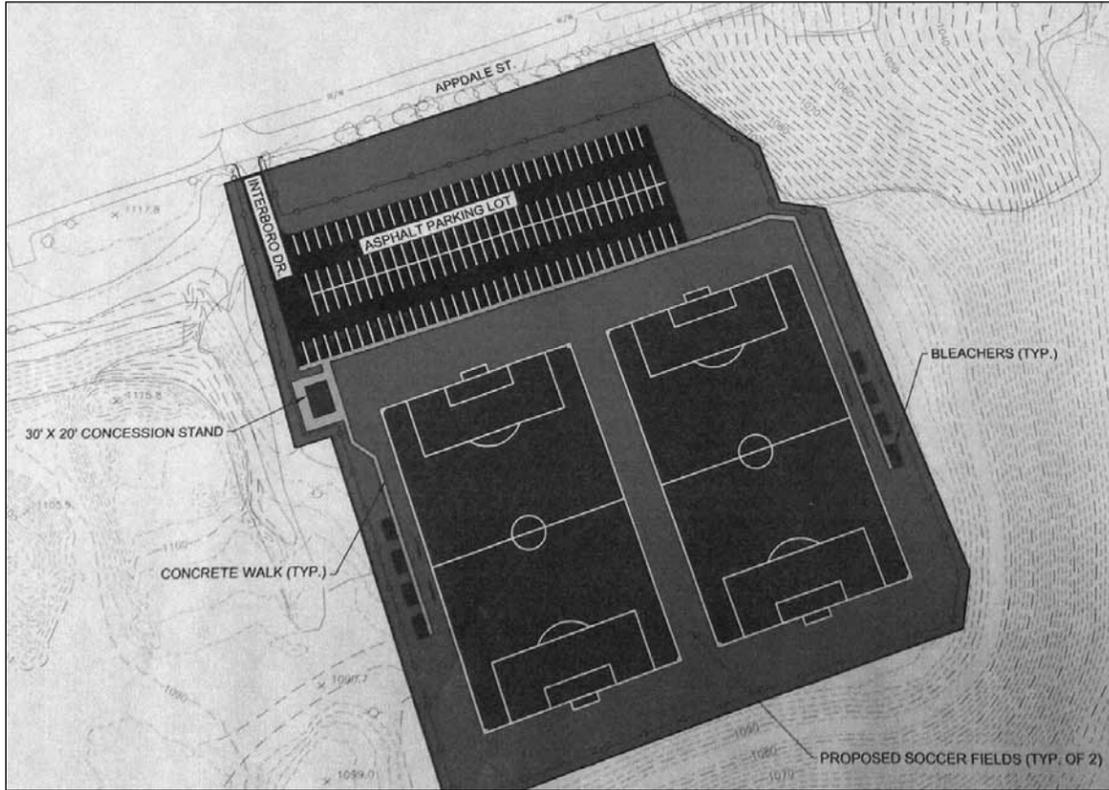
# The 31st Ward Wire

Serving Hays, Lincoln Place & New Homestead Neighborhoods

## Councilman O'Connor Hosts Site Visit At Apdale Field

On May 6, 2014, Councilman Corey O'Connor and residents from Apdale Street, Interboro Avenue Extension, and Rodgers Street toured the Apdale Field site where there is a proposed plan to develop two new soccer fields with bleachers, a concession stand, and an asphalt parking lot. (See a picture of the plan at the right.) This tour followed an October community meeting held by Councilman O'Connor where residents learned about the proposed development and expressed some trepidation about increased traffic, speeding vehicles, and increased noise related to the new fields.

Mayor Chris Kelly of West Mifflin Borough, Teri Cataldo-Fazio from Senator Jay Costa Jr.'s Office, and representatives from Lafarge, Department of Environmental Protection, and from the City's Department of Public Works were present to answer questions and hear community concerns. One of the biggest questions remained about how the field users will access the field and whether an alternative access road can be created. While the proposed development sits on property



currently owned by the Borough of West Mifflin (and leased by Lafarge), the only current access to this site is through residential roads in the City of Pittsburgh.

Councilman O'Connor sees this

site visit as a step in the right direction. "It opened up the dialogue between the residents who will be most impacted and the various municipal authorities who can implement solutions," said O'Connor.

"My office will continue to work with this group to investigate the feasibility of creating an alternative access road." He anticipates having additional conversations with the community in the near future.

## Four New Board Members Elected, Salaj Steps Down

The 31st Ward Community Action Group would like to welcome its four new members. Elected to the Board by unanimous vote were Mark Schneider, Gene Bokor, Brandon Trombetta and Suzanne Schaming.

We would like to say good-bye to our long time Board member Mr. Edward Salaj. Ed resigned from the Board after 10 years of service. Ed has been active in the neighborhood for the last thirty or so years with various groups. His knowledge and experience will be greatly missed. We did manage to convince Ed to continue his contributions to the Homepage with his History Through Newspapers articles. Thank you Ed for hard work and dedication to the 31st Ward.

## Flag Donations

The 31st Ward Community Action Group would like to thank everyone who donated money to our flag fund. We are still accepting donations, and your help would be appreciated. Thank you!



## ADVANCING ENTREPRENEURSHIP IN THE MON VALLEY

Advancing Entrepreneurship in the Mon Valley, a project of the University of Pittsburgh's Institute for Entrepreneurial Excellence and the University Center for Social and Urban Research, provides entrepreneurial educational programs and consulting services to new, emerging and existing entrepreneurs in the Mon Valley. We offer a range of programs for new entrepreneurs and existing business owners to develop and grow their businesses.

**Two hour programs offered frequently throughout the year in various locations to help start and grow your business.**

**One-on-one consulting specifically tailored to emerging and existing businesses.**

**Entrepreneurial Educational Program**

### Make It Happen in the Mon Valley

An interactive workshop designed to help you determine if starting a business is right for you and how to begin searching for the "right" business for you.

### The First Step:

#### Mechanics of a Small Business

This workshop is specifically designed for individuals who have never operated their own business or who want to take it from their garage to a storefront. You will learn the steps necessary to start a new enterprise as well as how to avoid some common pitfalls.

### The Second Step: Creating a Business Plan

Successful business owners have a vision and develop a plan to achieve their vision. A business plan is one tool successful business owners use that guide their businesses' growth - addressing strategic, financial and operational issues. As you search for funding options, it is invaluable in garnering the support critical to the growth of your business.

### The Third Step: Refining Key Areas of Your Business Plan

As you work to establish and grow your business, you need to pay special attention to defining your target audience, determining budgets and financing needs. An experienced Institute consultant will meet with a small group of emerging business owners to provide a forum where critical issues are discussed and solutions explored. Emerging business owners leave each session with templates on which to build their business.

### Individualized Consulting

Institute business consultants meet one-on-one with emerging and existing small business owners to work with these individuals to establish and grow their businesses. Consulting focuses on finding practical solutions to business problems. It is confidential and provided at no fee.

### Urban Power to Prosper Program

The Urban Power to Prosper program provides small business owners a unique opportunity to work on your business instead of only in it. Throughout the nine-month program, you will receive help planning, achieving and managing the long term success of your business. The topics covered in the course include: Access to capital, Financial management, Strategic planning, Sales strategies, Access to new markets, and Managing human resources.

Next program  
September 2014

Next program  
May 21, 2014

Next program  
June 4, 2014

Ongoing throughout the year

Begins Fall 2014

To learn more about any of these programs, please visit <http://entrepreneur.pitt.edu>. To register for a specific program, please call 412-648-1544 or email [iee@katz.pitt.edu](mailto:iee@katz.pitt.edu).



## 31st Ward Churches

### Holy Angels Catholic Church

408 Baldwin Road  
Pittsburgh, PA 15207  
412-461-6906  
[www.holyangelshays.org](http://www.holyangelshays.org)  
Rev. Robert Ahlin, Pastor

### Church of the Nazarene - Lincoln

5604 Interboro Avenue  
Pittsburgh, PA 15207  
412-462-2524

### Hays United Methodist Church

1174 Mifflin Road  
Pittsburgh, PA 15207  
412-462-3819

### Lincoln Place Presbyterian Church

1202 Muldowney Avenue  
Pittsburgh, PA 15207  
Rev. Deborah Messham  
412-461-3377

### Mt. Rise Baptist Church

80 Ingot Street  
Pittsburgh, PA 15120  
(New Homestead)  
Pastor Stephen Doniel

## Lincoln Place Presbyterian Church

Services begin each Sunday at 10:30 AM with Rev. Debrah Messham. Sunday School for all ages precedes services with a 9:15 AM start.

### WEEKLY EVENTS INCLUDE:

- **Busy Fingers** on Mondays from 10:00 AM to Noon, where crafts and other items are worked on.
- **Senior Lunch** is served Tuesdays from 12:00-1:00 PM followed by games, Wii, and fellowship until 2:00 PM.
- **Choir Practice** is from 7:00 PM to 8:00 PM on Thursdays.

All are welcome. For more information call 412-461-3377.

### Election Day Spaghetti Dinner

**Tuesday, May 20th, 4:00 PM - 7:00PM**

\$8.00 Adults, \$5.00 Children under 10.

Eat in or take out available. Bake sale items and crafts will also be sold. Handicap accessible and free parking in lot.

\*\*\*\*

## Holy Angels Parish

### Regular Weekly Mass Schedule:

**Monday – Friday:** 7:00 AM, 9:00 AM  
**Saturday:** 8:00 AM, 4:30 PM & 6:00 PM  
**Sunday:** 6:30 AM, 8:00 AM, 9:15 AM, 10:30 AM, 12:00 noon, 5:30 PM

### Holy Day (Weekday) Mass Schedule:

**Vigil Mass** 4:30 PM, 6:00 PM  
**Holy Day:** 6:30 AM, 9:00 AM, 12:00 Noon, 7:00 PM

**Holy Angels Parish** is a Roman Catholic church that began in 1903 in the town of Hays, PA and is a family community among the many parishes that make up the Church of Pittsburgh. Our purpose is to assist each member in spiritual growth, to enable all members to support the parish family and to reach out to the larger community of the Church and the World.

# History Through Newspapers

By Edward Salaj



## Holdup Witnessed By Conductor

### Auto Party Robbed On B. & O. Crossing Above Hays Borough

**Tuesday, February 25, 1919** - Flashes from a revolver in the dark, followed by three reports, attracted the attention of Conductor A. O. Hickey of Baltimore & Ohio freight No. 86 As the train was passing Snees Crossing near Bruceton, late last night. As the train approached the scene of the firing, he witnessed a holdup of a party of autoists by highwaymen, who, it is thought, fired upon the people in the auto when they attempted to resist the thieves.

Stopping the train at Bruceton, Conductor Hickey notified Train Dispatcher Henry J. Donnelly at the Baltimore & Ohio station of the happening. Donnelly reported the fact to the county detective bureau, and detectives were hurried to the scene of the reported holdup. After an investigation the detectives said they were unable to get any additional information or to find the persons who had been held up.

## Lincoln Place Man In Wreck

### Had his Right Arm and Right Leg Broken When Passenger Train Was Sideswiped Saturday

**Monday, February 24, 1919** - Among those killed in the disastrous wreck on the Baltimore & Ohio railroad north of Greenfield avenue, Pittsburg when a light engine sideswiped the baggage car and the first passenger coach of the Versailles local train Saturday night was Mrs. Leah Allen Joyce, aged 20 years, of Locust street, McKeesport, a niece of Mrs. George W. Plummer of 134 East Eighth avenue. Among the injured is John W. Johnston, of Lincoln Place, fireman of the light engine who sustained lacerations of the head, a broken right arm and right leg. He is in the Mercy hospital. He emphatically states that the signals were "clear" and adds that neither sight nor sound warned the engineer, Joseph Donahue, of the approach of the passenger train. The terrific impact which ripped open the tank of his engine threw Johnston from his cab and he lay on the tracks until picked up by a rescue party.

### A Charmed Life

According to the statement of Johnston's brothers and his other friends the fireman bears a charmed life. Since he became a railroad fireman in 1906 he has been in ten wrecks. That Saturday was the worst he has ever experienced.

## Support Your Local Public Safety Divisions

### Medic Station 12 & Engine Co. 20

514 Baldwin Road  
Pittsburgh, PA 15207



**Need to talk to someone who has walked in your shoes? Join us - you'll be glad you did!**

Kay's Vision is a cancer support organization that provides service to cancer survivors and recently diagnosed patients, along with family and friends who are assisting them through a life changing experience, regardless of age, gender, race, religion and sexual orientation, cancer does not discriminate. We provide activities that nourish the mind, body and spirit. These activities include eating healthy, light aerobics and sharing our feelings about coping with the treatments and the diagnosis, inspirational materials. I am a cancer survivor and I did not realize how important it is to be able to talk with others who have walked in my shoes until Kay's Vision.

### Support Groups are held: at:

The Car Barn, 5344 Second Avenue, Pittsburgh, PA 15207  
The 2nd & 4th Wednesdays of the month  
Sessions will begin Jan 8th, 2014. Time 6:30 to 8:30  
All are welcome

**Contact person:** Cancer Survivor Deloris Livsey, Chair of Kay's Vision Association Cancer Support Group 412-521-6397

Please call so that I know how many people will be attending so that we can prepare enough materials for the group. We look forward to hearing from you.

# John D. O'Connor & Son Funeral Home, Inc.

*Traditional Funeral and Cremation Services*

**DAVID O'CONNOR**  
*Funeral Director*

**PATRICK VEREB**  
*Supervisor, Funeral Director*

5106 and 5108 Second Avenue  
Pittsburgh, PA 15207-1725

**412.521.8116**

# The Greenfield Grapevine

## An Urban Hike Through Greenfield



**By Patrick Hassett**  
President, Greenfield  
Community Association

To kick off the 2014 season, Urban Hike conducted a hike last month through Greenfield in conjunction with an international event called Jane's Walk. Urban Hike (<http://urbanhike.com>) is an ad hoc group that organizes Saturday morning hikes through various Pittsburgh neighborhoods. Jane's Walks (<http://www.janejacobswalk.org/>) are organized walks through various cities designed to recognize the work and principles of Jane Jacobs, a community activist who promoted walkable communities, pedestrian friendly and active streets, neighborhood parks, and high density, mixed use neighbor-

hood development, all key elements of a successful urban neighborhood.

It was a beautiful day for the hike in Greenfield. About 20 "urban hikers" met Saturday morning, May 3rd, in the Run to undertake the 5 miles long hike through the neighborhood's hills and steps. The hike lasted about four hours and included stops at Saint Johns, Greenfield Avenue at Lydia, the Greenfield Bridge at Pocusset, Magee Park, and Frank "The Riddler" Gorshin's grave site in Calgary Cemetery. Along the way, they discussed some of Jane's principles of successful urban communities and how Greenfield exemplified or could exemplify those principles. The hike concluded with a big lunch at Big Jim's.



Last month, hikers launched their assault up Coleman Street, starting with a 16.7% grade at the bottom and ending with a 26.2% grade at the summit. Coleman from Alger to Neeb is Pittsburgh's 5th steepest street. The view, however, from atop along Neeb is worth it.

## Greenfield Community Association Schedule of Meetings and Events

### June Meetings/Events

- **GCA Board Meeting**  
Monday, June 9, 7 PM,  
Greenfield Presbyterian
- **GCA Public Space  
Stewardship Committee**  
Tuesday, June 10, 7 PM,  
Bernacki Wellness
- **GCA Public Safety Committee**  
Wednesday, June 11, 7 PM  
Bernacki Wellness

### Event Look-a-Ahead:

- August**
  - **5th:** National Night Out Public Safety Awareness Annual Event, Four Mile Run Park.
- October**
  - Pet Parade
  - Fall Community Clean-up
  - GCA Annual Meeting

### November

- Community Awards Dinner

### December

- **5th:** Holiday Parade and Community Party

To learn how you can get more involved, including volunteering and donating, contact Mitch Margaria (412-953-6990, [mitch\\_lm@hotmail.com](mailto:mitch_lm@hotmail.com))

## These Are the People in your Neighborhood Jean & Ken Homer

**By Gina Gofrey**

Jean and Ken Homer have been part of the Greenfield community for over 60 years. They first met when Ken and his family moved to Greenfield, across Montclair Street from Jean's grandmother, when he was about 14 years old. His father relocated the family from the Allentown neighborhood in order to take over a service station business on the corner of Murray and Lilac. That business remains in the family to this day.

Jean grew up in an Italian family of six children. She attended kindergarten through third grade at Roosevelt School, which stood in the space where Giant Eagle is now located. She says she still remembers a song she learned at Roosevelt in kindergarten and has taught it to all her children and grandchildren. After Roosevelt, she attended St. Philomena's and then St. Norberts. She moved back to Greenfield during 7th grade, to live with her grandmother, after her grandfather passed away. Thereafter, she attended St. Rosalia.

Ken was also one of six siblings. After his family moved to Greenfield, he attended Allerdice High School, then studied auto mechanics at Allegheny Vocational High School. Ken worked at his father's business and he and Jean married when they were eighteen and seventeen years old. He took over the business in 1963.

As a married couple, they first lived in a basement apartment on Beechwood Boulevard. They lived in different locations when their children were young, but moved back to Greenfield in 1969. They have five children: Linda, Pam, Mary Frances, Kenneth (JR), and Kathy. JR raised his children here and still lives in Greenfield. He has also taken over the day-to-day operations of the family business. His sisters live in the Western Pennsylvania area. Jean and Ken have eleven grandchildren and recently welcomed a great-granddaughter to the family.

When asked to recall a favorite memory of growing up in Greenfield, Jean doesn't think of specific event. She shares the memory of summers on Montclair Street, "where everyone was related to everyone else." Her family, and practically every other family, would sit on the porch in the summer time and visit with neighbors. One uncle would play his guitar, an aunt would pass around slices of watermelon. "Sometimes we'd up with 30 people out there!"

Like many lifelong Greenfielders, Ken and Jean recall that when they were kids, "You always knew you were safe, and you knew you had to behave well, because everyone knew each other, and they looked out for each other, and if you misbehaved, you knew it would get back to your parents!"

Ken and Jean recall a number of businesses from the Greenfield of days gone by. There were multiple drug stores with fountains where you could get a cherry Coke, including the Murray Pharmacy, which became Sims, at the corner of Murray and Lilac, across from Homer's Service Station. Back in the day, you could also go to another such drug store which stood where Hough's is now, and seeing a movie up Greenfield Avenue at a theater where the First National Bank is now. Ken recalls the street cars, which ran up and down Greenfield and Hazelwood Avenues. "There was only one track at the curve where the playground is [at Magee Field]. And if there were two cars, one would have to wait while the other one went around the curve.

"This is really such a great community," says Ken. Jean agrees, "People have said we should move to Florida or someplace warm, but our whole life is right here."

*Do you have an interesting neighbor or relative who would make a good subject for this feature? Please let us know! You can contact Gina Gofrey at [ginamgofrey@gmail.com](mailto:ginamgofrey@gmail.com).*

## Call for Grapevine Articles and Bulletin Items!

Have an idea for an article for an upcoming Grapevine? Want to announce something to the neighborhood? We're always looking for content that will be interesting and informative for our community! Articles are typically 750-1000 words in length and should include at least one picture. Bulletin items are typically 150-300 words in length and will appear in this section. Send any content you'd like to include to [info@gcapgh.org](mailto:info@gcapgh.org)!



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# About MDD - Major Depressive Disorder

By Jeffrey C. Parker, MSW/LSW

How often do you hear, "I'm depressed?" It is a word used loosely when "bummed out" because the "Stillers" or the "Pens" lost a big game, or some other upsetting event occurs. The fact is, Major Depressive Disorder (MDD) is a debilitating mental health diagnosis that impacts the individual, their family, and society. Statistics show that in America, 3.3% of kids from 13-18 years old experience MDD, and 10% of adults experience MDD. The good news is that it is treatable and people can learn to live with it. The bad news is that at least 60%, and some say as much as 80% go without treatment.

There are specific symptoms to MDD that include:

- Depressed mood
- Diminished interest or pleasure in nearly all activities.
- Significant weight loss or weight gain when not dieting (5% of body weight changes in a month).
- Insomnia or hypersomnia.
- Psycho-motor agitation (people can recognize that you are nervous) or retardation (going in "slow-motion" noticeable by others).
- Fatigue or loss of energy.
- Feelings of worthlessness or feeling guilty about things that aren't your fault.
- Poor concentration or indecisiveness.
- Recurrent thoughts of death and/or suicidal thoughts with or without a specific plan to carry it out.

Five or more of the above symptoms have to be experienced nearly every day over a period of at least two months. In addition, they cause significant distress and impairment in social, occupational, or other areas of functioning such as relationships and education.

Many are affected by seasonal changes. After the long, cold winter when it was dark at 4:30 pm for months, the trees are bare, the grass is brown, it is cold and you don't feel like going any where or doing anything. You have gained weight and do not feel good about yourself and you're drained. There is a form of depression called SAD (Seasonal Affective Disorder) and can be treated with "light therapy" provided at local clinics like Western Psychiatric Institute and Clinic (WPIC).

There can be a "genetic predisposition" to your depression. This means that because a family member has suffered from depression, schizophrenia, bipolar disorder, or some other diagnosis, this can increase the chances of you suffering from a mental health problem.

Depression can be induced by drug or alcohol use, particularly "depressants" like alcohol, narcotics, or benzodiazepines (valium, zanax, klonopin). When the person stops consuming drugs and alcohol the depression is likely to subside. On the contrary, for those who have MDD, drug or alcohol use increases the severity of the depression and the chances of a person harming themselves or someone else.

Another cause for MDD is a "Chemical Imbalance." This means that the chemicals: serotonin, norepinephrine, or dopamine are low

in the brain during depressive episodes. For this person, an antidepressant medication with therapy may be the most effective.

Depression can be "situational." For example, the loss a loved one; the anniversaries of the death of loved ones. Mother's or Father's day when that parent is deceased. The holidays can be a sad time for those who are alienated from their family. This form of depression can be treated with "talk therapy" to work through the grieving process so that you can move on and become happy again. There are grief and loss support groups in the local area that are open to the public.

In addition, doing practical things like opening the shades and letting the light in; keeping your home clean, and eating healthy; recreational activities or hobbies, and changing your perception and/or attitude about yourself and the world.

If you think you or a loved one might be depressed and need help, talk to your Primary Care Physician (PCP) for options; Contact your Insurance Company for choices of doctors and therapists; for treatment programs. The numbers is located on the back of the card. For those with MedPlus, Gateway, or UPMC for You, call Community Care Behavioral Health Organization (CCBHO) at 1-888- 251-2224, or call the National Suicide Prevention Lifeline at 1-800-273-8255.

By Kate Hickey  
Vice President, Greenfield Community Association

Scams target people of all backgrounds, ages and income levels. There is no one group of people who are more likely to become a victim of a scam. Scams succeed because of two things. First, a scam looks like the real thing. It appears to meet your needs or desires such as a cheap rental or "free gift." Second, scammers manipulate you by 'pushing your buttons' to produce the automatic response they want. It has nothing to do with you personally. It has to do with the way individuals in society are wired emotionally and socially. It's because the response is automatic that people fall for the scam.

The most popular scam is the money scam. They typically involve wiring money under the false pretense of needing money to pay a utility bill, help a friend, or get a distant family member out of jail.

To avoid becoming a victim of a money scam:

- Never wire funds via Western Union, Moneygram or other wire service. Anyone who asks you to do so is likely a scammer.
- Fake cashier checks & money orders are common and banks will

hold you responsible when the fake one is discovered weeks later.

• Never give out financial information (such as a bank account number, social security number, eBay/PayPal info, etc.) to anyone on the phone, even if they say your payment is "guaranteed to be safe." Police, public utility companies and the IRS do not solicit for payments over the phone.

• Do not rent housing or purchase goods sight-unseen. That amazing rental or cheap item may not exist.

• Do not submit to credit or background checks until you have met the person face to face.

• Do not purchase green dot pakcards to pay a "debt" over the phone. If someone you do not know tells you to purchase these cards, scratch the back of the cards, and read the security card code to them over the phone, this is scam! You will never get your money back.

Remember: The Federal law prohibits debt collectors from using intimidation, threats and harassment, and no one can be jailed over a debt. If you suspect you are being scammed, ask them for their name and number so you can call them back. Call 911 immediately and report the scam and give them the information you collected.

## Greenfield Presbyterian Church Call For Volunteers

Volunteer workdays to prep and paint two renovated classrooms that will be used for the Computer+Lab and Music Program, which will be open to the public starting in the fall. Tasks include washing walls, priming and painting, installing flooring.

**Saturdays: June 21st and 28th**, between 12:30 - 5:00 PM  
**Sundays: June 22nd and 29th**, between 1:30 - 5:00 PM

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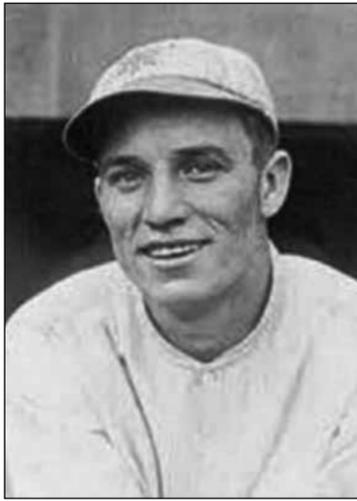
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**Did You Know?**

**Greenfield Jimmy Smith**

**By Ron Ieraci**

Greenfield Jimmy was a major league ball player born in The Run in 1895. The infielder, a good glove, "gritty" player, played for the Pirates in 1916 and won a World Series in 1919 with the Cincinnati Reds. After his career, he was a bar-owner. He once ran the classy Bachelor's Club and was said to be a bootlegger. (During Prohibition, Smith smuggled bootlegged alcohol from various cities into Greenfield.)



Pirates Infielder 1916, Greenfield's Jimmy Smith (1895-1974). Born in The Run.

Greenfield Jimmy was Billy Conn's father-in-law (and not by choice) when daughter Mary Louise tied the knot with the boxer. Conn's 1942 bout against Joe Louis had to be rescheduled when he broke his hand in a fight with Smith at a christening.

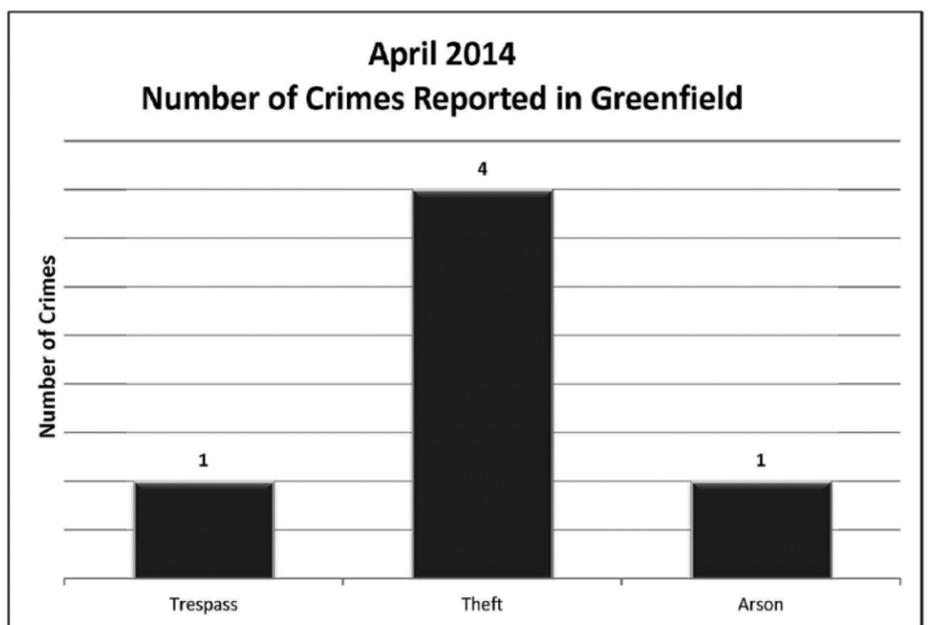
1974 and is buried in Calvary Cemetery. (Photo credit: Chicago Daily News/Chicago Historical Society, 1917)

**Spring Gardening At Second And Irvine**



A dozen volunteers spent a chilly Saturday morning last month weeding, mulching and planting the Greenfield/Hazelwood flower bed at the intersection of Greenfield Avenue and Irvine Street. A BIG thanks to Ed Goyda, long time Greenfield resident, and the Western Pennsylvania Conservancy for organizing, supplying and directing the event.

GREENFIELD'S TOP 10 PAVING NEEDS for 2014				
	Street	From	To	PAVED?
#1	<b>Bigelow</b>	Hazelwood	Winterburn	<b>Yes</b>
2	<b>Saline</b>	Boundary	Dead End	
3	<b>Kaercher</b>	Greenfield Ave.	Bigelow	
4	<b>Millington</b>	Frank	Loretta	<b>Yes</b>
5	<b>Coleman</b>	Alger	Greenfield Ave.	<b>Yes</b>
6	<b>McCaslin</b>	Greenfield Ave.	Monteiro	
7	<b>Haldane</b>	Greenfield Ave.	Farnsworth	
8	<b>Alger</b>	Lydia	Winterburn	<b>Yes</b>
9	<b>Lilac</b>	Murray	Graphic	<b>Yes</b>
10	<b>Parade</b>	Bigelow	Hilltop	



**Greenfield Crime Report**

Thefts continue to be the most prevalent crime. For the month of April, they included a theft from an unlocked auto and from a resident's porch, an employee theft, and a phone scam. The arson was a domestic dispute with a threat (and attempt) to torch the residence. The trespass was an afterhours business burglary in the Run. *GCA Public Safety Committee*



**Homepage Delivery Notice**

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# LOCAL BRANCH HAPPENINGS



## Squirrel Hill Branch

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**Hours of Operation:**  
Sunday from 1 PM-5 PM  
Monday-Thursday from  
10 AM - 8 PM  
Friday and Saturday from  
10 AM - 5 PM

In high school and thinking about the future...or avoiding it? In college, but not sure about goals or how to land an internship? Or graduated and trying to land that first job? Whatever the situation, Karen Litzinger of Litzinger Career Consulting can help young people navigate their future. Join us Wednesday, June 4 at 6:30 pm for "School's Out, Career Planning is In: A Workshop for Parents, Teens, College Students and Graduates" and learn about an effective model of career decision-making and job search strategies that produce success. Come on your own or as a family.

## Genre Book Club

Genre Book Club meets the third Wednesday of the month at 6:30 pm. On June 18, for Audiobook Appreciation Month, we'll be discussing *Ocean at the End of the Lane*, written and narrated by Neil Gaiman.

## Zentangle

Zentangle is a fun, meditative, relaxing and easy-to-learn way to create beautiful images by drawing structured patterns. The Zentangle method of drawing is easy to learn, requires no previous art experience, and is portable and inexpensive. Sue Schneider, Certified Zentangle Teacher (CZT) will teach free introductory classes on Thursday, June 12 and Thursday, June 19 at 6 pm. Open to ages 12 and above (under 16, please come with an adult). All supplies will be provided. You may take one or all. Basic skills and designs will be taught each class.

## Author Michael Sims

On Thursday, June 26 at 6:30 pm, acclaimed author Michael Sims will present

his new book *The Adventures of Henry Thoreau: A Young Man's Unlikely Path to Walden Pond*. This dramatic story chronicles Thoreau's life from his time at Harvard through the years he spent at Walden Pond. With emotion and texture, Sims sheds illuminating light on one of the most iconic figures in American history. A book signing will follow the discussion. Copies of *The Adventures of Henry Thoreau: A Young Man's Unlikely Path to Walden Pond* will be available for purchase.

## Buzz Mondays

Every Monday (except a 5th Monday) at 6:30 PM:

June 2 - No Program

## June 9 - DIY Night: Upcycled Crafts: Making T-Shirt Bags with Emily

Join local crafter Emily Cantin to learn how to go green and repurpose that old t-shirt by turning it into a useful and attractive bag. Please bring a t-shirt with you. Other materials provided. Registration required! Ask a librarian, email us at squirrelhillprograms@carnegielibrary.org or call us at 412-422-9650.

## June 16 - Lit Night

### Marissa McClellan, author of canning books/blogger

A special start time (6:00 PM) for a special program! Marisa McClellan, author of *Food in Jars: Preserving in Small Batches Year-Round and Preserving by the Pint: Quick Seasonal Canning for Small Spaces*, will be here to talk about canning. Marisa will do a demo with sampling of Honey Sweetened Strawberry Jam at the end of her talk. She will also be selling her books. Registration required! Ask a librarian, email us at squirrelhillprograms@carnegielibrary.org or call us at 412-422-9650.

## June 23 - Radical Home Economics Keeping Bees in the City

Join local beekeeping organization Burgh Bees to find out everything you need to know to do safe and healthy beekeeping in an urban environment. Learn about local ordinances, organizations and helpful resources to get started safely and soundly. Registration required! Ask a librarian, email us at squirrelhillprograms@carnegielibrary.org or call us at 412-422-9650.

## Hazelwood Branch

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412.421.2517

**Hours of Operation:**  
Monday, Friday and Saturday from  
10AM - 5PM  
Tuesday, Wednesday and Thursday  
from 10AM - 8PM

## Dear friends,

The Library is in the process of moving to our new and expanded

space in The Hazelwood Center at 5000 Second Ave!

We plan to reopen during the week of June 9th. You may return items to our book deposit box or to any public library in Allegheny County.

Please mark your calendar for the Grand Opening Celebration on Saturday, June 21st from 10:00 AM to 3:00 PM.

We look forward to seeing you in our new space!

Sincerely,  
Staff at Carnegie Library of Pittsburgh – Hazelwood



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If you are interested in a Eucharistic Centered School for your child, join us at Saint Rosalia Academy. Registration for the 2014 – 2015 school year for grades Preschool age 3 to Grade 8 are now open. Please give us a call at 412-521-3005 to schedule an appointment.

## Propel's Andrew Street High School Among "Best High Schools In America"

*Nationally Ranked by U.S. News and World Report*

Pittsburgh, PA - May 21, 2014. Propel Schools is proud to be recognized as a "Best High School in America" awardee by US News and World Report Magazine.

Based upon factors such as Math Proficiency, Reading Proficiency, student/teacher ratio and college preparation, Propel Andrew Street High School (ASHS) is named to the "Bronze Award Category." Only 27% of the 19,000+ schools nominated received an award.

"Despite the socioeconomic status of our students, they work hard, overcome challenges, thrive and succeed at Propel schools. We are humbled and proud to be named to this prestigious list of schools. We thank the students, parents, teachers and guidance counselors for their dedication, passion and hard work," says Dr. Tina Chekan, Superintendent/CEO of Propel Schools. ASHS, established in 2008, was Propel's first high school and takes pride in preparing

students for the rigors of collegiate academics. Students are encouraged to become life-long learners and positive influences on their communities.

Angela Allie, Principal of Propel ASHS, concurs, "This recognition highlights the reality that when caring educators demand excellence from ourselves and our learners, students excel. It truly comes down to the people. At Propel Andrew Street High School, we take seriously the charge to educate all students at high levels -- regardless of their backgrounds and experiences. Our diverse team of forward-thinking staff operates from an unfaltering belief in each learner's capacity for intelligence and each family's right to a competitive education. We're wholly accountable to the families we serve, so this honor also speaks to their investment"

Read the report at: www.usnews.com. Search "Best High Schools 2014."

# Elizabeth Street Memorial Day Celebration

Story and Photos by Michelle Auberzinsky

Our annual Memorial Day celebration of those from our community who served the country was held on a bright, sunny day this year, with many local dignitaries on hand, including Mayor Bill Peduto, Allegheny County Executive Rich Fitzgerald, City Councilman Corey O'Connor, and the Honorable James Hanley.

It has always been an important event for our family. Our mother, Lytle Café owner Dee Dee Perris, has not only been part of putting the day together, she has also taken care of the Elizabeth Street monument for the last 43 years. My uncle, Bob Perris, the soldier seen at the podium in the photos, has also been involved for many of those years. It was also important to our father, the late John E. Perris, who would be very proud that his wife, daughters and brother have continued the tradition.



Mayor Bill Peduto.



City Councilman Corey O'Connor.



Allegheny County Executive Rich Fitzgerald.



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# The June Garden: Nurturing Your Garden

By Melissa Harding

Remember how beautiful everything looked in May? The tulips were just bursting open, the grape hyacinths were still purple and all those Mother's Day annuals looked fresh and new, right out of the 6-pack. Now the same tulips that brought you so much joy are dead, leaving you with clumps of sad leaves all over your yard, and those new annuals are starting to look a little worse for the wear. Simply put, it's a weird month in the garden. Bridging between the ephemeral beauty of spring and the hearty sturdiness of summer, the June garden is kind of like an awkward teenager. However, even though it can be hard to love your garden during its adolescence, this is an important time in its development. Giving it some extra love this month can make a big difference in how it grows up.

Here are some ways to nurture your garden this month:

**1. Double down on your weed-**

**ing:** All plants like the warm rains and mild days of spring, not just the ones that you like. That means that June is the perfect time for weeds to poke up into your beds. Weeds are not only ugly, but they also steal precious water and nutrients from the plants that you actually want. Attack this with a two-fold approach: first, pull out everything you can see, including those nasty runner roots that are hiding under the soil. Second, apply a thick layer of mulch over your clean beds. A little bit of elbow grease and a heavy mulch now, about 2-4" of bark, grass or leaves, means an (almost) weed-free summer later.

**2. Mulch, mulch, mulch:** Remember that thing about mulching? It's not just for preventing weeds. Mulch protects your plants from late frosts and helps sustain a healthy moisture level in the soil around your plants. Not to mention that as it decomposes, it added important nutrients to your soil. Even if you composted and mulched in the fall, much of that has starting

decomposing already and your garden will still benefit from a fresh layer.

**3. Deadhead your plants:** The reason that your beautiful annuals are starting to look bad is that they need some tough love from your sheers. Deadhead spent blossoms from your petunias, dianthus and pansies. Deadheading not only neatens the appearance of your garden, but will encourage new flower growth.

**4. Water the right way:** Your garden needs an inch of water a week, either from you or from the sky. Be sure to check the weather or a rain gauge to see how much your garden actually got from any recent rain event. It may seem that a storm would drench your soil, but if it comes down too hard and fast, it will run off rather than soak into the soil. If you do need to water, water deeply and slowly; it won't do to just spray your beds with a hose after you wash your car. Rather, lay your hose on the ground or use a watering can to allow the water to

penetrate deeply into the soil. Most vulnerable are your pots and hanging baskets, so double check the moisture level in those more often and water them accordingly.

**5. Intensively garden your vegetable crops:** The weather is really too warm for most cool weather crops, though you may still have some lingering lettuce or peas. However, you can continue the season for these cold lovers by planting them in the shade of warm weather plants, like tomatoes or peppers. Look for opportunities to plant intensively and make the most of your small space. Start new seeds a few weeks apart from each other to ensure a continuous crop or look for ways to plant smaller plants in the shade of larger ones.

**6. Prune your shrubs:** Spring flowering shrubs like lilac, rhododendron, and azalea should be pruned only after they have flowered, or else you will lose your blooms. Early summer is a great time for this. Be sure to prune with the branching patterns of each individual plant. Be selective about pruning fruiting plants like roses or viburnums; those spent flowers will turn into beautiful fruits that your birds will enjoy.

**7. Turn your compost pile:** Seriously, when was the last time you actually turned that thing? It's been sitting all winter working for you, but the warm June weather will really get it going if you tend to it properly. Aerate and moisten your compost pile. You can use a compost turner to do this, but a spade will work just fine as well. Be sure to add more browns, like

paper bags and dried leaves, if it is getting smelly and looks too wet. If it is too dry, add some water and kitchen scraps to start it up again.

**Garden Q&A: What do I do with these dead bulbs?**

After the flowers have faded from your spring bulbs, what do you do with them? They can be unsightly, especially when there are tons of them in your yard (which there will be if you planted them with the appropriate enthusiasm last fall). You have two choices at this point: you can either pull them out or leave them in.

**Why leave them in the ground?** Each flower comes from an individual bulb. For the bulb, putting up that flower takes a lot of energy. In order to replenish that energy so that it can make a new flower next year, the plant needs to make food through photosynthesis. Not cutting down its leaves gives the plant the time to make all the food it needs, storing it in the bulb itself. You will know that your bulb is recharged once the leaves start to turn brown and wilt. At this point, you can cut the plant down to the ground and wait for it to reappear next spring. This is a good option if you love how your bulbs look in the spring and don't mind the way they look now.

If you choose to pull them out to neaten your garden, they won't come up again. However, you can replace them in the fall, perhaps in new colors or configurations. This is not a bad idea if you like to change things up and they will surprise you when they emerge in new places next year.

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In case you haven't noticed, our little newspaper is all about YOUR community. And we'd love to hear from you. Tell us about what's going on in your neck of the woods. Especially with events your organization is planning. If you want the locals to show up, what better way to get your info stuffed right in their mailbox? Beats the heck out of going door to door. Maybe you've gotten married, added to your family, or discovered how to travel faster than the speed of light. This is a great way to let your neighbors know what kind of fun you've been having. We'd love to fill our pages with your news, and not silly stuff that our editor comes up with to fill space.

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Just because you have a business in the neighborhood, don't automatically assume that the locals are going to come roaring in, especially if they know nothing about you. And word of mouth only goes so far. Why not advertise here, and get your business seen by everybody in our coverage area. We'll even throw in some fee graphic design to really make your ads look spiffy. Because that's what we do. What have you got to lose...besides customers?

# Optimizing Testosterone Levels in Aging Men



one. They pawned this chemical off as real testosterone, even though it does not naturally exist in the human body. After several years on the market, some men taking this particular chemical developed liver cancer. "Testosterone therapy" was then declared to be dangerous, and research on testosterone fell by the wayside.

While testosterone is a member of the group of compounds known as "anabolic steroids," it is different and less potent than the illegal synthetic compounds that have been taken in excessive doses and abused. Beginning in the late 1980s, overambitious and unscrupulous professional athletes began taking illegal anabolic steroids to gain an unfair competitive edge. Unfortunately, this abuse has wrongly clouded the important health benefits of prescribing testosterone therapy to correct its decline associated with aging and other diseases. In response to the sports abuse issue, federal law has made testosterone a controlled substance just like narcotics and amphetamines. Illegal-use penalties can be severe for any doctor who improperly prescribes anabolic steroids.

Although this has made some doctors reluctant to prescribe testosterone, medical prescribing of the hormone jumped by 50% in four years from 2001 to a total of 2.3 million prescriptions in 2005. Some physicians do therefore appear to be increasingly recognizing the consequences of low testosterone levels in aging males.

## Management of Low Testosterone Levels

Optimizing testosterone levels in men requires a multi-faceted approach that includes proper lifestyle, nutrition, nutritional supplements (such as lignan and plant extracts), dietary modifications, and exercise, as well as testosterone supplementation and other prescriptive approaches when indicated.

Initially, a medical history and physical examination should be performed, along with a blood-testing panel that includes not only testosterone levels, but also other im-

portant parameters such as fasting glucose, PSA, Estradiol, and complete blood counts (CBC).

It is important to work closely with a knowledgeable physician who is readily accessible and who can adjust treatment as needed.

Careful, thoughtful optimization of testosterone levels with a comprehensive evaluation and treatment plan can result in dramatic improvements in one's overall health and well-being. Saliva testing is another means to test for the FREE UNBOUND portion of Testosterone available to the tissue, NOT floating in blood.

For men who no longer produce enough testosterone, an experienced doctor can prescribe a topically applied cream to restore testosterone to youthful ranges. These testosterone creams usually come in delivery systems that enable the precise amount of this hormone to be applied to the skin each day for absorption into the bloodstream.

The reason testosterone cream is used as opposed to tablets is that the oral ingestion of testosterone can result in rapid degradation in the liver and wildly inconsistent blood levels. A testosterone cream, on the other hand, gradually releases into the bloodstream, which is more analogous to the way testosterone is naturally secreted each day by the testicles of younger men.

I believe that blood testing as a follow up to topical Testosterone administration may underestimate tissue levels. Remember men only make 5-10mg of Testosterone per day as young men. We do not need to overdose men at 50-100mg per day as the excess will turn into more Estradiol and men can develop testicular atrophy, breast growth and inability to have an erection with continued high dosing of Androgel.

It's better to start low and slow with compounded Testosterone in a physiologic dose. My philosophy is Gentle Hormone Restoration Therapy®. A gentle nudge, not a MACK TRUCK!!!

Compared with brand name testosterone topical drugs, consumers can save more than 85% by using natural testosterone cream made by a compounding pharmacy. For example, the name brand Androgel® cream costs around 400 dollars for a month's supply. The identical amount of natural testosterone can be obtained from a compounding pharmacy at less than a third of the price.

Follow-up blood testing 30-60 days later is important to ensure that PSA, Estradiol, and other blood markers stay in normal ranges.

Some men will aromatize (or convert) testosterone into estrogen, which necessitates the use of a drug like Arimidex® or nutrientlifestyle changes to inhibit excess aromatase activity. We also use a little bit of progesterone (yes, men make progesterone) to inhibit conversion of Testosterone to Estrogen.

Resveratrol, Zinc, Pygeum, Nettles, and Beta-Sitosterols are also important for prostate health. We love One N' Only for Men one-a-day type multivitamin from whole food sources.

*Susan Merenstein, RPh/owner*

Susan Merenstein, Pharmacist and owner at Murray Avenue Apothecary does private one-on-one consultation appointments for hormone balancing for women and men on Tuesdays, Wednesdays, and Thursdays. She can be reached Monday through Thursday, 10AM to 6PM or Friday 10-5. Call 412-421-4996 for more information or to make an appointment.

Lower Testosterone in men occurs gradually, starting as early as his mid-30s and by the time he is in his 80's he has 20% of what he had as a young man. Lowered Testosterone levels result in an increased risk of life-threatening illnesses such as obesity, diabetes, and heart disease.

Testosterone deficiency can also lead to a number of disturbing symptoms, including loss of stamina and lean muscle mass, reduced libido and erectile dysfunction, anxiety, depression, diabetes, and cognitive decline. Known as the Andropause, these changes are the male equivalent of female Menopause. Unlike menopause, however, the drop in testosterone is so gradual that the symptoms of andropause appear over a longer period of time and are often ignored for a while or are attributed to "getting older."

## Testosterone Supplements - An Undeserved Shady Past

The medical community has been slow to recognize the consequences of low testosterone levels in aging males and, in fact, wrongly believes that restoring youthful levels of testosterone is dangerous and unwarranted. Back in the mid-1900s, some drug companies sold a synthetic and chemically altered testosterone called methyl testos-

### What You Need to Know: Optimizing Testosterone Levels in Aging Men

Testosterone, the chief male hormone, is essential for libido and erectile function, and plays a crucial role in mood, energy, bone health, and body composition.

Testosterone levels decline with age, usually beginning in a man's mid-30s. Diminishing testosterone levels have been linked with disorders such as depression, fatigue, obesity, and cognitive decline.

Low testosterone levels increase the risk of coronary heart disease as well as all-cause and cardiac mortality.

Restoring testosterone to youthful levels offers men a wealth of health benefits, including benefits for heart health, body composition, mood, and memory.

Bioidentical testosterone has not been found to have adverse effects on the healthy prostate gland—in fact; it may help improve prostate symptoms in men with low-normal testosterone levels. Testosterone therapy is contraindicated in men with prostate cancer.

Regular testing can help you and your physician decide if testosterone therapy is right for you. Optimizing testosterone levels requires a multi-pronged approach that includes optimal diet, proper nutrition, nutritional supplements, exercise, and bioidentical testosterone, if necessary.

### Donate your Property to the Hazelwood Initiative, Inc. and get a Tax Deduction

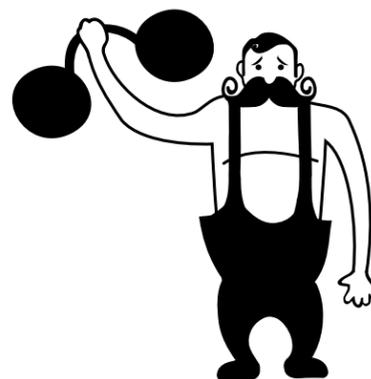
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For information, please contact Jim Richter, Executive Director at 412-421-7234

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What About Food?

What Is Food Policy?

By Dianne Shenk

“What is food policy, in your own words?” The question, coming from an Allerdice High School student at Center of Life, surprised me. It’s a complicated question and I tried to answer it honestly but simply, “I think its when the government makes rules about food, and those rules affect what we can buy at the grocery store.” I tried to explain

a little by saying that the government supports prices for some crops, like corn and soybeans, so farmers know they will always be able to sell their crop for a certain price when they harvest it. Because the government supports prices for these crops, but not for fruits and vegetables, there are a lot more farmers growing them, and they are the cheapest foods on the market. This translates into lots of carbs, corn sugars, processed food

and cheap meat in the grocery store (nearly all the corn and soy grown in the US are used as animal feed).

“Do you think the government cares about our health when they make food policy?” This question obviously followed my first answer, but I didn’t expect a teenager ask it. I had to answer honestly again, “No, the government doesn’t care at all about our health when they set food policies.” My questioner seemed surprised, like it should be obvious

that health is the most important thing to think about when you’re talking food. I explained that unfortunately the government is not involved in the food business because of health, but rather because of food economics. The USDA (US Dept of Agriculture) was originally formed to try to keep farmers in business after the disasters of the dust bowl and Great Depression – to protect farmers from the normal rise and fall of prices on the open market depending on how good the harvest was in any one year. Ultimately, keeping farmers in business does keep a steady flow of food to the grocery store and to our tables, but whether or not that food is healthy for us is not really what the government has been thinking about for 100 years of food policy.

The student questioned me for an hour on things like food stamps and the farm bill – simple questions about very complicated subjects - and I tried to help her understand these issues. Many food policies were started to address real problems like times of hunger in our country, but over the years these solutions have sometimes had unintended consequences. Eventually we even talked about how deregulations in the food industry in the 1980’s have led to near monopolies in most food sectors only 30 years later, when five huge companies control over 90% of the chicken, beef and pork in the US. We discussed how huge retailers like Walmart use food as a way to get customers in the door more often so they will shop for everything else. Walmart doesn’t even need to make money off the food they sell, which is largely

why a small grocery store can’t compete with their prices and doesn’t exist in Hazelwood. Government policies allow retail giants like Walmart to sell food, which means small farmers and low-income neighborhoods are kept out of the food markets.

I was at COL for a taped interview as part of a food documentary the students are making with the help of CMU students. They have been working on the project for nearly a year, and have interviewed many residents of Hazelwood and others, like me, who spend a lot of time there even though we live in nearby communities. I am increasingly impressed with what these students have learned through their project. They started it in part because Hazelwood ‘earned’ a designation as a food desert according to USDA criteria. The USDA calls a community with high poverty levels and no large grocery store nearby a ‘food desert’, meaning it’s difficult for many residents of that neighborhood to get healthy, fresh foods. When this became known in Hazelwood, the students set out to find out what it means to live in a food desert, and they started interviewing people, doing research, and writing about their findings.

About halfway through the interview, my questioner asked me straight up, “Why are you in Hazelwood? What are you doing here?” And the honest answer was, “I’m here because you’re a food desert and I study food. To someone like me, Hazelwood is a very interesting place.” It was really great to be a small part of this interesting food project at COL, and to spend some time discussing food with a thoughtful, informed neighborhood teenager.

Help Empower Incarcerated Women to Take Control of their Breast Health



Our new program, **Taking Charge: Steps to Breast Health**, seeks to reduce breast health disparities among women in the Allegheny County Jail, empowering them to have breast self-awareness while incarcerated and take control of their breast health upon dismissal. We are looking for volunteers to help with a year-long series of four educational workshops in the jail.

Volunteers will attend a **training session** on breast health and the role of community health promoters. They will participate for at least a **six month period** including **two workshops** and **monthly meetings**, with the option of continuing for the full year.

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Contact the Health Equity program  
at the YWCA Greater Pittsburgh.

Call 412-365-1923 or email lakuster@ywcaphg.org

YWCA Greater Pittsburgh: Health Equity Programs

Volunteer Opportunity

Help Empower Incarcerated Women to Take Control of their Breast Health

Our new program, *Taking Charge: Steps to Breast Health*, seeks to reduce breast health disparities among women in the Allegheny County Jail, empowering them to have breast self-awareness while incarcerated and take control of their breast health upon dismissal. We are looking for volunteers to help facilitate educational workshops in the jail.

Location:           The Hazelwood Initiative          

Date: \_\_\_\_\_

Name	Telephone Number	Email	Best Time to Contact

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The Homepage Is Now Online!

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**When:** June 24<sup>th</sup>—July 31<sup>st</sup>  
**Time:** 5:00pm until 8:00pm  
**Where:** Saint Stephen Catholic Church Hall, 134 E. Elizabeth St.

All Classes and Dinner are free. Everyone **MUST** register.  
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**Life Skills Teaching, Crafts, Music, Food & Fun!**

Sign-up sheets can be picked up at All Local Community Churches and Businesses. For More Information, please call: (412) 880-7138



# The Homepage

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Full Page Back Cover	10" x 16"	\$375
Full Page	10" x 16"	\$325
Half Page	10" x 8" or 8" x 10"	\$220
Quarter Page	5" x 8" or 8" x 5"	\$145
Eighth Page	5" x 4" or 4" x 5"	\$ 80
Sixteenth Page	2" x 5"	\$ 60
Business Card	2" x 3.5"	\$ 45

The Homepage publication is a monthly tabloid size (11x17) community publication; 20 pages. Advertising deadlines are the 15th of every month. Issues are mailed to 10,050 households in 15207, 15217 and 15120 including Hazelwood, Greenfield, Hays and the 31<sup>st</sup> Ward and distributed at various retail outlets. A ten percent discount is given for the seventh through twelfth months of a full year's advertising. Non-profit rates may also apply. Please transmit ads in PDF by email to hazelwoodeditor@yahoo.com and jwarichter@comcast.net.

*Ad layout sizes are approximate*

**For more information, please call  
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